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Rutherford Kitchen and Garden classes - practical lifelong learning

BY DOUG DAVIDSON

Lynne Vinsen wanted kids to understand where their food comes from and believed that there was "no better way to introduce them to good healthy food than to involve them in planting, growing and cooking vegetables."

She mentioned the idea to her friend Diane Henare, Principal of Rutherford Junior High, who was not only very supportive but also promised the use of the cooking classroom.

There were a few obstacles to overcome and Lynne says, "No one said no when I asked for their support. The community was absolutely wonderful." The project is a great news story, in-

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volving many organisations and individuals, who gave and are still giving generously of the time and money to assist students to learn skills and knowledge, which will remain with them forever.

The Whanganui Community Charitable Trust provided funds to renew the kitchen utensils, the Waste Minimisation Fund covered the cost of recycling bins, a shade cloth for the green house and

also for compost, donations came from Bunnings with a wheel barrow and from John Bartley of Bayleys Real Estate.

"Gareth Carter from Springvale Garden Centre, kept giving us stuff including compost, seeds and seedlings." says Lynne. Later the students were taken to the Garden Centre to see what's involved in raising plants. Peas were grown and one student asked if he could eat them directly from the pod, and when he did, pronounced, "They taste better than real ones."

Initially Lynne's focus was on cooking but very soon Sue Miller and Peter Follows came on board offering to not only work on the nearby garden, but also to teach students gardening skills, something Sue and Peter are passionate about. They spent a number of weekends restoring the greenhouse and doing weeding and spreading compost while Sue does the teaching.



Kitchen and Garden organisers with some of the students

Nearby is an orchard planted five or six years ago by Sustainable Whaneganui. Unfortunately it was neglected as was also the case with some citrus and feijoa trees around the school. However, Sustainable Whanganui was more than happy to return,

prune the orchard trees, move the citrus and feijoa trees to the garden area and provide advice for future care.

Lynne added, "We had an old bath tub donated and the students will be going to Sustainable Whanganui to see how they can develop a worm farm." Castlecliff. The winners not only won vouchers

The project has since developed more community connections. The students visited Pak 'n Save to see how a supermarket works and ran a burger making contest, thanks to The Citadel Café and restaurant in

Castlecliff. The winners not only won vouchers but also spent time cooking at the café.

Looking back Lynne says "the project has been absolutely awesome. It has achieved everything I really wanted it to."

Continued on page







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Check out what's in this week's RCP

I was impressed not only with the cooking and gardening classes at Rutherford Junior High School but also by the fact they have been led by volunteers, Lynne Vinsen and Sue Millar. (See our front page story). Congratulations to them and Rutherford for these useful and valuable programmes.

There are a couple of travel stories. Jude Hamblyn, who works in the District Council, spends her holidays and probably a fair bit of her income travelling overseas to ski (page 14). She chooses not the obvious spots, but some more way out ones – such as Kurdistan and almost all the other 'stan' countries in Central Asia.

The other is about David Brandenberger travelling the world in his recumbent solar powered trike – and he has been doing this since 2015 (page 2).

You might have heard of the Hare Krishna followers. Now you can see them in action in the Christmas Parade and also find out about them in an evening organised at Girls' College Hall (page 5).

MADE IN NORWAY

* Some exclusions apply.



Doug Davidson, journalist@ rivercitypress.co.nz

There is an eulogy of Victor Silveira. I interviewed him and his wife back in 2014. They were a delightful couple. Victor passed away recently and Anita was keen for a "very positive article" to be written about his life. He was clearly an inspiring and loving man and husband (page 3).

Finally congratulations to Helen Puhi Puhi Puhi for her 'Pacific Communications & Leadership' Award, sponsored by the Ministry for Pacific Peoples (page 6). If you know Helen you will agree – thoroughly deserved.

- Doug Davidson

Travelling around the world on a solar powered e-assisted recumbent trike (solar-trike)

It is a long description of a bike/trike and it needs an explanation. The trike (3 wheels) is a recumbent design – that is the rider is in a laid-back reclining position – and it tows a trailer which provides storage space but more important six solar panels, which provide power for his two batteries of his bike.

Brandenberger David Switzerland from has travelling since been through Central 2015 Asia, China, South Korea, around Australia and was in Whanganui recently. He says, "As a one-man-team without big sponsors, I carry the message to supply the world with alternative energies, to think outside the box, to live charity, to be self-confident and trust God."

A recumbent trike is recommended by many cyclists as it is so much more comfortable, more efficient (less wind resistant) and you have less chance of falling off. David's top speed is only 25kph although freewheeling downhill can be a lot faster. The maximum distance is about 50km "depending

stressless

on the hills. In Northland I had to push the trike."

The combined length

The combined length of his trike and trailer is 555cm and it is a metre wide. It weighs about 260km with food and water extra. He carries a guitar and art gear with him. He has been painting since 1988 and says, "My works jump between impressionism and expressionism or a combination of both."

The trip started in Czech Republic , where he picked up his trike and after reaching South Korea, he shipped his trike and trailer to Australia, travelling down Western Australia and then across the Nullarbor Plains. He says, "I carried 70 litres of water with me."

He adds, "Many people, especially in Turkey and Iran, would stop and look at my solartrike, including police, who seemed to find an official reason to do so, such as a passport check. In some areas it was so cold, such as in Krygistan where there was 30cm on ice on the roads, that he left his solartrike in a youht hostel and flew home, returning in summer.

The scariest experience on the trip, so far, he said was in China. "I was on a newly built road, which was down to one lane of gravel. I couldn't see because of the thick dust from the big trucks. I knew there was a sheer drop on one side, when suddenly a truck was about to run me over. Fortunately it responded to my air horn."

He was in Whanganui as a member of the 'Warmshowers' – the organisa-



David Brandenberger on his solar powered electric trike

tion which offers free accommodation to cycle tourers. There is a membership of 85,000 world-wide and there are three of them at the Quaker settlement including Ann and John Handley. Ann told the RCP. "We have been

doing it for four to five years. It is mainly in the summer." Peter Watson and Lyneke Onderwater of Whanganui Bicycle Users Group (WBUG) are the others.

David is probably in the South Island by now. His

approach is "Open ended travel. Stop wherever I like." An optician by profession, he plans to travel till the money runs out and his next trip is likely to be in Alaska.

You can follow him on www.d-t-b.ch

Rutherford Kitchen and Garden classes - practical lifelong learning Continued from page 1 The students learn to read the recipes, put the ingre-

The students learn to read the recipes, put the ingredients together, do the cooking – and there have been no mishaps. Students take the recipes home, (and any left-over food) and some of them will cook for their families." She spoke about how one girl had recently repeated a chicken stir fry dish for her family.

Principal Diane Henare says, "We are a decile 1

Principal Diane Henare says, "We are a decile 1 school and through programmes like this, we are breaking the cycle, helping to create a better community." She told the RCP about a student they farewelled at assembly that day. He said, "I want to be a chef." Watch out Peter Gordon, the celebrity chef from Castlecliff. Diane added, "One of the boys brought me a zucchini from the garden for my lunch."

The skills learnt in gardening and cooking are transferrable apart from the obvious reading and numeracy ones. It is very much about building confidence to be used in other subjects and aspects of life. It is also about growing, using and eating healthy food. Lynne says, "The kids will now look at labels in the supermarket to check how nutritional the food is."

The school had a morning tea to thank the sponsors and to introduce them to the students on the programme.

There were 16 students in the cooking class and eight in the garden programme, with an even mix of boys and girls. Next year "there will definitely be two classes." Both Lynne and Sue will continue to be involved and to inspire



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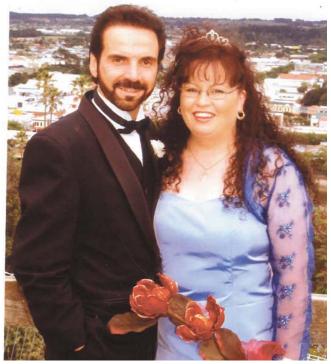
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- "Just loved life"



Victor and Anita at their Whanganui wedding

Back in June 5, 2014, the RCP featured Victor Silveira on our front page with the headline of "Paralysed and bed-ridden yet still 'very, very blessed'." He had plenty of reasons to feel sad and negative but the comments at his funeral held recently, focused on how he "just loved life."

He was bedridden for over eight years but used the time to arrange surprises for other people over the phone, especially the "love of his life", Ánita. As their friend, Maureen McMillan said at his funeral, "His love for Anita was truly unbelievable." Anita adds, "He was so special. He treated me like a beautiful Oueen.

They met in San Francisco when Anita was travelling overseas. They returned to Whanganui so that she would be close to her family. On her 40th birthday he bought her a car - again over the phone - arranged for

TEAM ONE Season's greetings & best wishes for 2020! We are available over the Christmas season. **Marion Farr** 021 572 033 **Karl Dorn** 0272 742 727 Licensed Salespersons REAA 2008 the RCP to give her the Bouquet of the Week and organised with Disney to have Mickey and Minnie to visit. As he told the RCP back in 2014, "Anita has long wanted to go to Disneyland and as this was impossible I wanted Disneyland to come to

He was determined that Anita would not be left with house maintenance costs when he died, so he bought a new, small home.

Maureen said at his funeral, "Tell me how many people get married to the same person twice, renew their wedding vows three times and take their grandmother away with them on their honeymoon?'

He and Anita were devout Catholics and Catholic sisters would come on a regular basis to give communion and the priest would visit. Anita says, "I am grateful to the Catholic Church. Their hospitality has been absolutely amazing." Anita adds, "I would also like to thank my family and friends for their support."
Anita was able to look after Victor until the very

Golf results

Castlecliff 9 Hole Club Thursday, 5 December, Tee 2 Green, **Ladies**: Elaine Holden 30, Janice Donghi 35, Jan Grenside

Men: Kevin Burke 30, Kevin Edmonds 35, Allen Wills 37. Raffle: Janice Donghi.

Victor Pereira Silveira Gordon Park gets a helping hand from Whanganui Collegiate

Students from ganui Collegiate recently tackled the invasive veldt grass (Ehrharta erecta) at Gordon Park Scenic Reserve alongside Department of Conservation staff and Friends of Gordon Park volunteers.

Veldt grass is a fastgrowing plant that originates from South Africa and was first recorded in New Zealand in 1943 in Wellington. It outcompetes native vegetation and prevents native seedling regeneration.

Furthermore, the recent wet weather followed by warmer conditions has provided the near perfect recipe for the grass to be-come well established in the reserve.

Forty-four Collegiate students and teachers were briefed by DOC Community Ranger, Jaycee Tipene-Thomas, on how to identify the grass and in groups set out to remove it.

Trevor, from Friends of Gordon Park, said having the large number of students helping in the bush made a dramatic difference. "That's something we will continue to maintain on our regular volunteer days.'

Science teacher, Rosie Gibson who helped organise the day, said it was a great day. "The students



Collegiate School students at Gordons Park. Photo by DoC Whanganui community ranger Jayee Tipene-Thomas.

were challenged and learnt about the importance of paying it forward - not only for nature but for future generations.

The joint effort resulted in a significant amount of veldt grass being removed from the reserve and a greater understanding of the ecological significance of Gordon Park.

Friends of Gordon Park volunteer days are carried out on the second Tuesday (9am-12pm) and the fourth Thursday (1pm-3pm) of the month. If you want to volunteer contact the Whanganui office of the Department of Conservawhanganui@doc.

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end. She would phone

him from work frequently

to check on him and did

everything from moving

him in bed and providing

painkillers. As Maureen says, "Victor couldn't

have married anyone

1. Found any spare left footed jandals? A reader in Peakes Ave contacted us to say that they had two pairs of jandals at the back door. One went missing one night, then another. They were replaced with another pair – but again, the third left footed jandal went missing. They put it down to a left footed male missing a right leg or more likely a cat with a fetish for left-footed jandals. (How does it tell the difference?). If you have noticed an extra left-footed jandal or two or even three, please advise the RSP and we will arrange for their re-

2. Christmas lights stolen. Another reader contacted us about her Christmas lights being stolen. The thief would have to be a tall person or someone with a ladder. The lights have sentimental value. If you are aware of these lights please contact us

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Packed Christmas calendar at Aramoho Lunchbar and Enliven's Kowhainui Home

It's a busy time of year at Enliven's Kowhainui Home, with plenty of festivities planned in the lead-up to Christmas.

Festive decorations already adorn much of the home, including a grotto decorated with different themes.

Kowhainui Home Manager, Trish Boswell, says the home is now wellknown for its Christmas decorations, to the point where they are donated decorations to use.

A unique event on the calendar is the annual potato growing competition. Residents planted potatoes in buckets in August and they were dug up in late November.

Kowhainui Home Diversional Therapy Team Leader, Frances Craven, says the potatoes are usually judged closer to Christmas, but an unfavourable spring meant the spuds were dug up earlier than planned.

After judging who grew the biggest and the most potatoes, they were sent to the kitchen to be cooked up and included in the residents' dinner.

Other events on Kow-hainui Home's Christ-mas calendar include annual Christmas Parade, which was held inside the home and featured residents, staff and members of the commu-

Frances says a number of parties will also be



Kowhainui Home Diversional Therapist, Donna Freeman, judges the potatoes dug up by volunteer, Kevin Freeman



Santa's grotto is a highlight of Kowhainui Home's Christmas decorations

unteers, day programme clients and Kowhainui and Abingdon villa residents

Kowhainui

Otamatea offers independent retirement living, rest home and hospital level care, as well as short-term respite, health

held for the residents, vol- Home and Villages in recovery care and an engaging day programme. For more information call the friendly team on 06 349 1400 or visit www. enlivencentral.org.nz.

customers buy walker

for popular local

Wendy with a sign thanking her generous customers

Gladys or 'Aunty Mabel' as she was known to the people behind the counter at the Aramoho Lunchbar and Takeaways, had been coming to the shop every Friday at 4.30pm for around 17 years to pick up her fish 'n chips and sometimes also the orders of "other oldies in the nearby flats.'

LOVELY LADY WITH A BEAUTIFUL SOUL

Current owner, Wendy Spence, who has been at the lunchbar for a similar length of time says, "I noticed in the last six months a decline in Aunty Mabel's mobility and she was favouring one hip." Gladys herself told her that she was struggling to walk more than a couple of houses along, without having to rest.

Wendy decided to fundraise to buy a stroller/walker for Gladys. She put a collection box on the counter explaining what it was for and promising to match what her customers donated. And they donated. It was on the counter for only four days with some customers donating

a \$50 note.
"It touched their hearts. Aunty Mabel is a lovely lady and is part of the family around here. When her granddaughter got married in Australia recently, she brought in photos to show us.'

The money was enough not only for the walker but also for a Goldair fan and a Christmas hamper of goodies.

Caregiver, Lynne Mori, contacted the RCP to tell us about the story saying, "How awesome is that." The presents arrived with Gladys totally unaware of what was happening.







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Hare Krishna chariot to feature in Christmas Parade

If you want colour, singing, music and dancing in the streets you will love the 'Ratha Yatra' or Chariot Festival that will be part of the Whanganui Christmas Parade on Saturday, December 14. The large decorated chariot, complete with Hare Krishna deities on it, will be pulled along the Avenue.

The organiser is Dvarkanath Das who came here from Fiji and works at Axiam Plastics. He is at the same time a Hare Krishna priest and takes services up in Auckland where they have a temple. There are also two temples in Wellington.

The supporters are coming from out of town and include a swami (religious teacher) who travels around the world. Hare Krishna followers, who wear orange robes, are only those who have chosen celibacy. Dvarkanath Das will wear white. Expect plenty of chanting backed by drums, piano accordion and brass instruments

After the Parade, the group is having an evening at the Girls' College Hall starting with a vegan dinner at 6pm

The swami will be there as well as the Harinama Ruci Group providing live music. There is a \$1 entry cost and that covers everything, including face painting for the children and free henna for females. As their leaflet says, "Taste the Joy of Bhakti and begin your journey within.

Dvarkanath Das explains, "The Hare Krishna belief is that every animal and plant has a spirit soul which is part of the Godhead." There are differences in levels of consciousness, however.

There are four requirements - no meat, fish or eggs, no intoxicating substances including coffee, no gambling and no illicit sex. Chanting is important as it makes you God conscious. Dvarkanath Das explains – "you repeat the name of Hare Krishna (after Lord Krishna) as it helps to connect you to him, just as when you say the name of someone you love - you see their picture when you say their name." He chants 16 rounds of his 108 beads each day starting at 3am. It takes him about two hours.

Their scripture is the



Hare Krishnas preparing for parade

Bhadavad Gita - As it He points out that this "is its original form as spoken by Lord Krishna. It teaches you how to live a better life, it uplifts you and nothing else can give you the same satisfaction.'

The Hare Krishna movement is without caste, creed or religious af-

filiation. It has spread out from its origins in India with members throughout the world. Dvarkanath Das says, "The area of biggest growth is in the Ukraine.

Their parade float or chariot should be popular as it won first prize in the Christmas Parades in Auckland and Rotorua

Ohakea community water supply issues to be resolved

Council are pleased to hear the Minister for the Environment's announcement last night that Government will fund \$10.8 million towards the cost of rural water supply to the community affected by contamination of water by firefighting chemicals at Ohakea Airbase.

Minister David Parker says that around 85 rural properties will be supplied with reticulated clean drinking and stock water rather than having to rely on tanks and bores.

'For the past two years the Ohakea community has been relying on temporary supplies provided by the NZ Defence Force," says Mr Parker.

Horizons Chief Executive, Michael McCartney, says it is great to finally have central government commit a financial contribution and provide some assurance to the community that a solution is coming.

"However we are still keen to discuss what an ongoing monitoring programme will look like and the need for central government to fund it," says Mr McCartney.

"What we know is that there is a significant contamination in the

groundwater and nearby waterways that is going to spread in the next 50-100

"Contamination events such as this not only creates public health concerns, they can have long term social-economic impacts.

"An ongoing monitoring regime is essential for tracking progress of the contaminant to ensure responsiveness to any future

health or environmental issues are addressed promptly.

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Photography exhibition by Whanganui Camera Club members at Edith Gallery

The photography Exhibition by Whanganui Camera Club members at the Edith Gallery (UCOL at 24 Taupo Quay) is well worth going to see. It is open for just a week until this Friday, December 13 from 10am to 3pm. The theme is 'Humanity & Earth' -'Images demonstrating the impact, positive or negative of human beings on, and their interaction with, our planet.' Of course you could just go and admire some beautiful photogra-

The subjects vary from scenes of waterfalls, fields, portraits, animals and birds, close-ups, shadows, rainy scenes and so on. There are some poignant ones such as Jacqui McGowan's 'Before the Fires' which is of a koala padding along the road, titled 'Before the Fires.' Another is of a human hand holding that of a Borneo Orangutan by Lynette Val-



Jacqui McGowan's 'Before the Fires'

Others that catch the eye include 'Abandoned Necessities,' a photograph by Tania Warbrick on an old broken TV with a rusty kettle in what you imag-ine to be a falling down

by Paul Gardens is of dif-ferent ploughed fields with lines and different colours, whereas 'Complete with Tripod' by Ray Anderson is of someone carrying a tripod upstairs – in shadows.

There are some very ef-

fective black and white photographs and stunning colour ones such as 'On a Rainy Day' by Veronica Griffith.

Most of the photographs are for sale with prices from \$55 to \$265.

Horizons Notes

There are a number of changes around the Horizons Council table with half of the twelve councillors new this

range of experience, age and gender. We also have a new Chairwoman, Dr Rachel Keedwell, who started her horizons councillor roll the same term as me in 2013.

I'm sure there will be a lot of policies that we agree on. Equally there will be a number of differences in the way we see Horizons moving forward over this period.

My philosophy is that any business including Horizons cannot be all things to all people. We

An example of this is the running of the bus service. I totally agree there is a need; my understanding is that in most, if not all provincial towns in NZ the bus services have declining numbers and run at a loss. Just in the Whanganui area alone Horizons subsidizes this service by \$345,000 pa.

What I don't agree with is why rate payers property owners should pay for this service.

Čentral Government receives petrol / diesel, road users' tax, speed-ing fines plus all the GST that goes with it - what does owning a house / property have to do with funding a bus service?

We have far too many

rivers that require our attention to be in the bus service business. Let's give it back to Central Government to run and concentrate on our core business.

I hope you have time to get out and enjoy the many attractions we have in our region over the festive season.

Remember I am here to represent you, contact me at any time. I'm working hard to ensure we have an affordable place to live

work & play. Merry Christmas

Hellen Puhi Puhi wins 'Pacific Communications & Leadership' Award

Helen Puhi Puhi of Born and Raised Pasifika received an email saying "I am one of two winners of the 'Pacific Communications & Leadership' Award." The awards are organised by the SunPix Pacific Peoples Awards and sponsored by the Ministry for Pacific Peoples. Helen's response was "What is this all about?"

She soon found out from a colleague who had supplied her information details. She had been nominated by a former pupil, Maciu Vucago, who she taught 'Ranga Kura', a bi-lingual teaching programme at Whanganui Polytec. Maciu is now a lecturer at Victoria University in the International Pacific

Studies section

However, Helen couldn't attend the function in Auckland to receive the award in person as she was leading a group of students, parents and teachers to Fiji at the time. So she got her 12 year old moko, Maurice Mow, to accept it on her behalf. The Minister of Pacific People, the Hon William Si,o presented it. She says, "Maurice felt very important."

During the Festival of Cultures the organis-ers had made a video of Helen and it was shown at the function. The ceremony was live streamed and so Helen was able to see parts of it in Fiji. The function was later broadcast on TV1 on Tangata Pasifika.

Helen, who came to New Zealand from Fiji, has lived in Whanganui for 38 years. She started Born and Raised Pasifika Early Childhood Centre in Aramoho back in 2003. Since then she has started a second campus in Tawhero. It was the first pan Pacific early childhood centre in the country. Since then similar centres have started in Auckland, Porirua, Rotorua, Nelson and Christchurch. Helen is helping centres being set up in New Plymouth and Palmerston North.

Helen says, "It has been part and parcel of my life serving our community and celebrating their suc-cesses. It has given me a lot of pleasure and joy. I truly believe that each and every one of us is on this earth to contribute our unique God given gifts and talents to benefit mankind."

Helen Puhi Puhi with her **'Pacific** Communications & Leadership' award



Meri Kirihimete Manuia le Kerisimasi Marau ni Siganisucu Kia manuia i te Kiritimiti



Wishing you all a truly blessed Christmas! Special Pasifika thanks to everyone who have supported our pepes this year.



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- www.whanganui.govt.nz/welcome
- www.newzealandnow.govt.nz www.cab.org.nz





Summer Twilight cycling series initiative to promote the sport

The Wanganui Cycling Club has started a new summer initiative with their summer twilight series of races on a Wednesday night starting from 5.30pm to 6pm. The races take place down the road from St Oswalds Church around the Western Line Circuit. Much of the 11km route is relatively flat or downhill until close

Westmere Station Road. Youth riders do one lap with the club riders, with their race taking anywhere between 35 and 55 minutes.

The cyclists range in age from Huntly School pupils through to a few in their early 70's. Ben, Ron Cheatley's grandson, (the son of Bevan) was there. Having just turned 16, he

Taranaki features on Whanganui

Lake Taupo circuit in four hours 44 minutes.

Another Cheatley is Cath, who rode professionally in the USA and who, along with Dayle, runs Velo Ronney's bike shop. She is also the 'Development Officer' for the cycling club, a new role that she has just taken up. Her focus will be on introducing cycling skills into schools and will be running a holiday programme in January.

The concept came after Huntley School and Collegiate approached them. Cath says, "Cycling gave me lots of opportunity. I would like to see something similar for other kids. Whanganui has great facilities, minimal traffic and great roads to cycle on. The velodrome track will also be used.

Rides for Youth "will be over double distances and based on having She hopes to advise Summer Programme in January the dates of the holiday programme soon.



Some of the cyclists coming up the rise on Westmere Station Road.



Whangamomona Hotel

advance; and the Oika Year after year Taranaki has been a magnet for redoubt near Whenuakura Whanganui Pā Also Tūtahi Church Summer built on the site of the Tau-Programme trips and this is so again in 2020, ranga Ika Pā — a signifisays WSP Trustee David cant place for Māori. Scoullar. Four trips are day trip

planned in the province Whangamomona has been in January on the programme for years and is so popular it The first trip is on January 3 and focusses on will be repeated on Janugardens. The Taranaki Regional Council has ary 15. From Stratford the bus will go along the scethree magnificent garnic Forgotten World Highdens. The WSP visited way to a once-busy fron-Pukeiti last January and tier town that has become a this time will visit the others — the magical arts tourist destination. Lunch at the Whangamōmona and crafts garden Tūpare Hotel with time to explore on the outskirts of New this historic village. Guide Plymouth and the 4.5ha for the day is Jim Gilmour, Hollard Gardens near Kawho lived in the area for ponga. Morning tea will many years. be at another nationallyrecognised garden, King

Edward Park in Hāwera.

The Patea Historical Society has guided visi-

tors to a number of in-

in South Taranaki.

publication before

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The last trip on the 2020 WSP programme is a day out on January 31 in the attractive Taranaki town of Stratford which is a tribute to the great bard, William Shakespeare, with 67 streets named after characters in his plays. A host of attractions include a riverside walk, a unique glockenspiel, an art gallery and art studio along with an interesting sculpture park nearby. There will also be visits to a possum fur and leather shop and Eltham's cheese bar with opportunity for purchases

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teresting sites over the last few summers and on January 9 will provide another look at the past sites to be visited include Tītokowaru's Tauranga Ika, a masterpiece of construction; Weraroa above the Waitōtara River, base for a Māori force of up to 2000 that gathered to oppose General Cameron's Only 1 more TREE SERVICE

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Musicians Club welcomes 'Music Trish celebrating 30 years from Nashville, Tennessee'

grass/Americana musicians, Rachel Baiman and George Jackson, will be playing a very special show December 14 at the Whanganui Musicians Club.

New Zealand native. George Jackson, was born to musician parents in Christchurch. Jackson has a degree in Jazz from Queensland Conservatorium of music and spent years on the Australian Festival Circuit. An avid student of American fiddle styles, Jackson eventually made his way to Nashville where he now lives and works. "American music is

melting pot music," says Jackson, "and you can hear the history of America through it. For example, the way that you use rhythm in your bow is very African and some of the tunes are Scottish or Irish in origin. I haven't been an American until now, which is why I like to write and play my own tunes, because that's me bringing myself, the New Zealander, into the

Rachel Baiman was raised in Chicago by a radical economist and a social worker. After becoming an Illinois State Fiddle champion at age 17, she moved to Nashville to pursue music. She is a multi-instrumentalist and a singer/ songwriter who has spent



Musicians George Jackson and Rachel Baiman

the last four years touring and recording. Speaking about her latest release, 'Thanksgiving', Rachel

says:
"I find it hard to escape from the values that I grew up with and I feel compelled to write politically, to speak out about things that I've experienced or seen. Song writing is a unique opportunity to do that because it avails a more emotional vehicle for discussion. I love the political tradition of folk music, from Woody Guthrie to Tupac and my hope is that this record adds another voice

The duo will be performing their own songs, as well as music from the traditional repertoire as they tour around New



Bob Cooper-Grundy and Kate Marshall Duo

Zealand and we are lucky to have them on our stage in Whanganui.

The support act is the Bob Cooper-Grundy and Kate Marshall Duo. They are based in the Wairara pa and play gigs regularly around the southern half of the North Island. The song list veers between swing sounds of Texas,

mixed with the blues, bluegrass, something approaching jazz and some pop songs served up in the Bob and Kate way.

The show is at the Musician Club Hall (formerly the Savage Club) on Drews Ave. General admission is \$20, members \$15. Doors open at 7pm. See you there!

with Idea Services

Trish celebrated 30 years with Idea Services. She came to them as her mother had some mini strokes.

She was adopted as a baby into a family with three other adopted older sisters. Trish says, "My adoptive mother has done a lot of great work for me and I have come a long way with her support. I couldn't talk until I was 8 years old.'

After attending Salisbury School in Nelson, which provides education in a residential setting for students whose complex learning needs are not being met in their local community school, Trish came to Whanganui in 1987 to live with her mother and, due to her mother's ill health, transferred to Idea Services.

She says, "I started in a flat on my own which was beside a residential home and was supported by the Later Trish moved to a house with others but it didn't work out and she went back to flats on Idea Services property and for 18 months was in contract board.

Trish is now in a supported living arrangement in a house in town. In March 2020 she will have been there 14 years.

"I have autism and OCD, am bipolar and hyperactive and have mild disabilities. I also suffer from tension headaches and panic attacks."

Some time ago Trish went to Otago University "So that people from Canada could do some research on me. This included having non-medical injections in my head.'

"I like swimming pools and have my own as I find swimming helps cool me in the hot months. I also like shopping and looking for deals and bargain hunting." Trish also enjoys listening to The Sound' especially to music of the 1970s and 80s.

Recent **RCP** winners

Congratulations to Claire Mathieson, who is the lucky winner of the double pass for The Soweto Gospel Choir. Thank you to everyone else who entered. Watch out for more competitions over the next few months.



Trish Metcalfe, 1989 when she first started at



Trish Metcalfe today



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Mainstreet Whanganui











Followed by a free family concert at Majestic Square

THIS SATURDAY 2.00pm

Santa Claus is coming to town!

On Saturday, 14 December the Town Centre will once again be full of Christmas joy as the Whanganui Christmas Parade rolls down Victoria Avenue at 2pm.

Kelly Scarrow is Mainstreet's Event, Promotions and Marketing Manager and works alongside Geoff Follett to co-ordinate Christmas floats, volunteers, after party management and administration for the event. "This year's Christmas Parade will be bigger than ever, celebrating a true summer kiwi Christmas down our beautiful city's Mainstreet," said Kelly. "As a team we love working together to bring a Christmas Parade that truly reflects the Whanganui community and to encourage more of our community to come out and celebrate Christmas in the heart of our city".

There will be an after party at Majestic Square at the completion of the

parade with entertainment, face painting & food carts available!

And of course.... Santa will be making an appearance and doing his legendary lolly scramble!

Mainstreet and More FM have been running a competition for the last few weeks where primary school aged children can enter the draw to ride on the sleigh ith Santa.

The draw was made and the winners notified, which was really lovely hearing the excitement of the parents and children who received those phone calls.

Keep an eye on the Mainstreet Whanganui Facebook page for up to date information about the Mainstreet Whanganui Christmas Parade!



















Mainstreet Whanganui

Christmas Parade

Saturday 14th December, 2pm

WHANGANUI TOWN CENTRE

Followed by a free family concert at Majestic Square







www.mainstreetwhanganui.co.nz



WHANGANUI HIGHSCHOOL

www.whanganuihigh.school.nz



Whanganui High School's **Vocational Studies Department** wishes to thank the following Whanganui employers for providing workplace learning opportunities and work experience for our senior students during 2019.



Plumber Dan Citadel Café Walker and Thomas The Cutting Edge Cohen's Business Whanganui District Council **Cactus Creme Holdaways**

Lyndon Slaughter Builder Riding for the Disabled Clean Cut Mowers

No. 1 First Vets **Skelsey Plasterers** Chamberlain's Electrical **Parnells**

Mud Ducks

Four Square Riverview Quality Variety Store

Bushy Park

Shaun Terrey Upholstery

Alpha Doors Autoparts 2000

Food Infuzion

Fonterra

Loaders

Comvita **Smart Start**

Devon Homes

Cooper Coolpac

Joe Lett

Whanganui Gas

Mint

Villa Services

Boyd Electrical

Emmetts

The Grooming Pad

Devon Homes

Animates

Jamie O'Leary

Steelmig

Inspect-a-Vehicle

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Dibben Swartz Suzuki

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Tawhero School

Michael Gepp Builder

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Blank Kanvas

Ab Fab Florists

Zest

Barbertown

Te Heti te Kohanga Reo

Carlton School

Slippers Refinishing

Whanganui Rugby

Cosford Construction

Inspire Gym

Ryland Roofing

AME Electrical

Kingsgate

Sorensons

Castlecliff Golf Club

St Vincent de Paul

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WHANGANUI HIGHSCHOOL

Wednesday 22 January

Friday 24 January

Monday 27 January

Tēnā koutou katoa,

Our junior and senior students have recently completed their various examinations - internal school examinations in English, mathematics, science and social studies for junior students and external NCEA assessments for senior students. We wish all senior students well in their external NCEA examination results.

Junior Activities Week was a great success with 48 different activities being offered by staff members to our Year 9 and Year 10 students. The activities ran through our House structure and connected to our LIFE school values: Learning, Integrity, Fellowship, Excellence. Consistent focus was placed on new or discovery-based activities, thinking or individual activities, team or community-based activities, competitive or creative activities.

At the Junior Prizegiving on Friday, 6 December the Whanganui High School House Champions Shield was awarded to Whenua House as the winning House for 2019 out of Awa, Maunga, Moana, Whenua, Please see our school website www.whanganuihigh.school.nz for more details.

I wish all students and whanau a joyful and safe Christmas over the coming weeks. I am looking forward to welcoming all our Year 13 students and new students to Whanganui High School at the beginning of the school year on Monday, 27 January and then welcoming students of all year levels back to school the following day.

I am always happy to meet with students, whanau and members of the community to discuss any aspect of education and LIFE at Whanganui High School.

Ngā mihi nui

Martin McAllen - Principal

MEd Leadership with First Class Honours, PG Dip Ed Leadership, BA, Dip Tchg



AMELIA NEALE



Y8 SCHOLARSHIP WINNERS for 2020

(Back row, left to right)

SCIENCE SCHOLARSHIP

Finnian Sinclair

CONFUCIUS PRIZE

Yuri van der Wees

SPORTS SCHOLARSHIP

Thomas Gowan

CULTURAL SCHOLARSHIP

(Front row, left to right)

ENGLISH SCHOLARSHIP Lachlan Burroughs

MATHEMATICS SCHOLARSHIP Noah Jones

SPORTS SCHOLARSHIP Elsie Butcher

IVAN HIGGINS SCHOLARSHIP

Siobhan Sarkar

SOCIAL STUDIES SCHOLARSHIP Kasih Dilloway







Congratulations!

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Thinking out loud - Christmas traditions and peace

I have to admit, I'm not usually a particularly sentimental person. I recall hearing a quote several years ago that I quite like: "Tradition is the illusion of permanence As a leader in the church, I often ponder traditions and try to assess whether they hold enduring value

There are certainly some traditions we keep out of sentimentality, rather than because they continue to add value to our lives. Having said that, this time of year is very traditional and I love it! This is my fortieth Christmas overall; my twenty-second as an official adult (if voting age is the rite of passage), and my tenth as a church leader.

From as early in my life as I can remember, Christmas for me has centred around the birth of Jesus Christ. I grew up in a Christian home, so every Christmas was spent with our church family, celebrating the traditional narrative of Joseph and Mary - their journey to Bethlehem, the humble birth of their God's Son, the shepherds' angelic visit, and

the wise men's benevolent pilgrimage from the East. will always hold onto this tradition, because it adds depth and value to my life every Christmas and throughout each following year.

Another tradition we celebrate in the church is called 'Advent' – a time of waiting. On each of the four Sundays leading up to Christmas Day, we take time to pause and reflect on an aspect of the Incarnation of Christ (Incarnation is just a flash word for God coming to earth in human form - it has nothing to do with flowers!) The four aspects are love, joy, hope and I've been reflecting on

these quite a bit over the last few weeks - partly as I prepare to preach on them and partly as I observe so much pain in the world around me. Up to thirteen people killed on White Island; an eleven year old girl fighting for her life and bereft of her siblings and parents after a horrific car accident; natural disasters such as bush fires and floods, causing large-scale destruction of life and property.

Wishing all of

Whanganui a

blessed and safe

Christmas season.

And why not join us for worship at

(the earlier time of) 9.30am on

Christmas Day?!

285 Wicksteed Street, Whanganui

- Te Hāhi Iriiri ō Whanganui -

06 345 3557 | centralbaptist.org.nz | facebook.com/wcbchurch

CHURCH

Some of the Christmas carols we sing aren't espe cially helpful as they paint a picture of Jesus coming "Silent night, holy night, all is calm, all is bright." Jesus was born at a time of significant unrest, in a town to which many had travelled to register as part of a census ordered by an invading Roman government. There wasn't much calm in the world that Jesus came to. And there's not much calm in the world we inhabit today

In particular this Christmas. I've been reflecting on peace. We often think peace is the absence of conflict, or a state of both internal and external calm. But in John 14:27, Jesus told His disciples that the peace He brought and would leave with them, was not that kind of peace - He said, "Not as the world gives do I give to you."

His peace was different it was and is an internal confidence that exists in the midst of conflict and chaos. Ever since Adam and Eve first brought sin into the world, humanity has never known both internal and external peace. There has always been

sickness, tragedy, destruction and death. The peace Jesus gives us transcends the chaos around us - it is a deep assurance that is found only in hope. What is our hope? God is restoring His creation – albeit not as quickly as we would like – and will one day complete the restoration. If we don't have that hope, we will not have peace. If this broken world and this chaotic

life is all there is, we will

never experience the peace Jesus talked about. We can only have peace if we have hope.

This Christmas, as you see nativity scenes featuring the baby Jesus in the manger, I encourage you to ponder on the hope He brings to humanity – that His completed work on the cross has made a way for all of us to be reconciled to God our Creator and that this world is not our true home.

Jesus has gone on ahead to prepare a place for us; a place that is free of chaos and destruction, where there is no pain or suffering and where we may dwell for eternity. Now there's a hope that can

bring us peace!

If you'd like to talk with me more about this topic (or almost anything else!), you're welcome to get in touch. Phone 345 3557 or email nigel@centralbaptist.org.nz.



Nigel Irwin is Senior Pastor of Whanganui Central Baptist Church, and Chairman of One-Church Whanganui.



New principal for Whanganui Girls' College next year

busy one for staff and students at Whanganui Girls' College. Some of the highlights this year have included; the Wendy production, Duke of Edinburgh tramps, skiing trips, ice skating, trips to parliament and the junior show-

Whanganui Girls' College believes in a holistic learning approach. have been working hard on improving opportunities for learning with place-based learning. Plus we are thrilled to be the first secondary school in Whanganui to sign up as an Enviroschool.

Our ASTRA programme continues to shine and grow as part of the Positive Behaviour for Learning programme. Since the programme's implementation, NCEA pass rates are consistently above 90%, making them amongst the best in New Zealand. Our school is also very proud of the community work it



Whanganui Girls' College athletes demonstrate the school spirit

We have made some positive changes to our curriculum for 2020. We see the importance of Te Reo to our young people and community and from next year it will be on offer to all Year 9 students.

We welcome a new Prin-

cipal, Sharon Steer to the school in 2020. We are delighted that we have been experience as a deputy

We are also experiencing positive roll growth, which bodes well for the future. We wish our Whanganui Girls' Colwhanau and the wider Whanganui com-

able to attract a leader of Sharon's calibre. Sharon is from Kelston Girls' College in Auckland and has considerable leadership munity a Meri Kirihimete principal and senior leadand a Happy New Year.

70 Cullinane College

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Bouquet of the Week Jude has skied all

We received the following Bouquet of the Week nomination for Mosston School teacher, Hayley Addenbrooke.

"My son has Autism Spectrum Disorder. He was home-schooled until he was seven and we enrolled him at Mosston.

At the beginning of the year he found it difficult to engage in classroom activities and was having problems with his learning

and confidence. He needed teacher aide support every day and would remove himself from many activities.

Hayley and the team at Mosston have worked tirelessly with him through the year and helped him develop his confidence and have discovered ways to engage him in his learning and development.

We are particularly appreciative of Hayley for making the effort to get to know our son so well that she recognised he had injured himself after what seemed like a minor fall from his skateboard and a bump on the chin. As ASD can distort his recognition of pain, he thought he was fine when he had actually fractured his wrist in two places and a minor concussion. Hayley was able to see that his behaviour had changed and contacted us immediately.

Hayley is a young teacher with a lot of energy and great enthusiasm for her job. It is absolutely delightful to see her engaging with the classroom. Our son loves going to school and has no anxieties about it at all, which is a massive change from his first year in public education."

The RCP arranged to surprise Hayley in her classroom in the last week of school with a beautiful bouquet of flowers put together by Nichola and her team at the Flower Room, an Inter Flora Top 20 Club member. Hayley also received a voucher for two at the Grand Irish Pub.



over the world

Jude Hamblyn skiing in Kazhakstan

Jude Hamblyn was brought up in Palmerston North with glimpses of Ruapehu glittering on the horizon – but no one in her family skied. But she got the bug through school ski trips, which has led her on a journey to ski in a wide variety of countries across Central Asia and Eastern Europe.

It didn't happen for some time as she damaged her knee skiing in her early 20s and had to have it operated on several times. However, her love for the sport and the mountains drew her back in to the point of leaving her full-time office job to become a custodian of a ski lodge at Whakapapa for nine seasons...

While she had gone overseas before, cycling through Vietnam, she first went skiing in another country in 2007 when she visited Japan. That was followed by a trip to British Columbia in Canada and a return to Japan to run a ski lodge in Hokkaido in 2010/11.

Around that time a friend suggested a skiing trip to Russia, Iran and Romania. She agreed and to make the trip more enjoyable she learnt some Russian. They skied in Sochi, Russia, before the 2014 Winter Olympics were held there. She says, "I loved the Russian onion-domed churches and the 'Dr Zhivago' atmosphere of the snowy Russian land-scape".

Iran was "very hospitable with people often wanting to help us as tourists". They did their skiing at Dizin - a favourite resort of the late Shah of Iran. Jude describes Romania as, "Like in the movie Namia with fairy tale houses and snow on the trees."

In 2013 it was the Silk Road starting from the Istanbul end and then skiing in the 'Stans' – Kyrgyzstan, Kazakhstan and Uzbekistan. At this point you probably need a world map in front of you. She says, "Some of the skiing facilities were rudimentary and you needed to take all your equipment with you." At some ski fields you had to pay per lift "and because of hyper-inflation you had to carry wads of bank notes with you."

Some of the skiing was 'mixed' – with quad bikes and horse riding sharing the ski piste, not to mention "Young men with their shirts off drinking vodka."

They went to Georgia and Armenia on the same trip, which Jude found to be "ancient, charming with orthodox churches a change from the minarets of Central Asia."

It didn't take Jude long to go back sking in Japan and then in 2017 to Kurdistan, which is a self-governing part of Iraq. She says, "We were able to join a commercial ski tour company specialising in trips to unusual destinations." As ISIS was active in the area at the time, she had to search world-wide for specialist insurance to cover her "for terrorism, kidnapping while also providing cover for medical evacuation as we were ski touring in the backcountry."

Earlier this year she was in the Caucasus region again, including Azerbaijan which had recently built a state-of-the art ski centre with man-made snow to attract tourists. She says, "We stayed with a farming family in a nearby village which was a contrast to the very luxurious resort next door."

As for 2020, she is thinking of going back to Iran and possibly to Turkmenistan and Tajikistan on a non-skiing trip where she can take in other aspects of the countries

the countries.

Jude adds, "The physicality of skiing, the pristine environment and the camaraderie of people with a common passion keeps me skiing.

"I've skied all around the world – from

"I've skied all around the world – from Kurdistan to Kyrgyzstan, but I always come home to Ruapehu."

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Hayley Addenbrooke with some of her students at Mosston School





Whanganui River travel as it used to be, with New Zealand's only coal fired paddle steamer. 1a Taupo Quay Whanganui info@waimarie.co.nz 347 1863

New Year's Day Celebration Cruise

for Whanganui Families - Special Offer

Come aboard for a one hour cruise on New Year's Day at the special offer of \$45 for a family of four.

This is part of our celebrations of the 20th Anniversary of the relaunch of the Paddle Steamer Waimarie.

Entertainment for the kids included.

The Waimarie leaves at 2pm. Book at the Riverboat Centre in person or by phoning 347 1863.

If your family is smaller - it is \$35 for a family of two.

There will also be a scheduled two hour cruise at 11am.



14 - RIVER CITY PRESS, THURSDAY, DECEMBER 12, 2019

Zonta says no to domestic violence



'If you want to go fast, go alone; if you want to go far, go together.' African proverb.

The Zonta Club of Whanganui wish everyone a joyful and safe Christmas and New Year. This season can be so stressful for many people and as the stress weighs more and more heavily it can turn to frustration and anger.

Every year we hear the awful statistics concerning domestic violence - but quoting numbers is not helping. Even stories raise our sympathy but are forgotten except for those who have lived through the experience, victims and perpetrators, women, men and children.

Recent research among children tells us they want:

- A relaxed and loving time with the family.Realistic expectations
- about gifts. Manage their

expectations and prevent disappointment by alerting them to what "Santa" can afford.

- Start your Christmas season late.
- It is not the gifts the children remember. Children remember what they did as a family.

did as a family.

We are all children at heart. We all want quality times with loved ones, not to be disappointed, family events, traditions, not to be left alone or taken away.

Most of you reading this are not the folks that need to be reached. However, YOU can reach out to those folks by saying NO to Violence and providing hope to those women, children and men, not just at Christmas but all through the year.

By passing on this message to Whanganui (for a start) through the wonderful, creative ways, that Whanganui people are so good at. By support-

ing service clubs such as Zonta and non-government agencies. By leading the rest of New Zealand in the reduction of family violence. It only takes one small step at a time.

- Dr Gillian White - On behalf of Zonta Club of Whanganui

Golf results

Tawhero 9 Hole Golf Results 10/12/19

Munro Rosebowl Stableford Rd 2: **Division 1 Combined**: Sam McGregor 23 on c/b from Ray Rahui, Joan Shore 21 on c/b from Dave Johnston, Kaye How 18.

ston, Kaye How 18.

Division 2 Combined:
Brian Quinn 23, Patrick
O'Leary 22, Geoff Clark
21 on c/b from Jean Walsh.
Two: Sam McGregor

- 7th Hole.

Labour Party annual conference in Whanganui - "Friendliest, most welcoming conference"

The Labour Party hosted its Annual Conference in Whanganui for the first time on the last weekend of November.

"We pitched for the conference to be held in Whanganui as an opportunity to show Labour's commitment to regional communities and by showcasing the opportunities and facilities available in New Zealand's most beautiful city." said Steph Lewis, the Labour Party's candidate for Whanganui.

A huge amount of work went into pulling together the bid by local members including then LEC Chair, Tim Easton and by Whanganui & Partners. Steph says, "There was also a considerable amount of lobbying that went into it at the last annual conference in Dunedin." Mayor Hamish McDouall also made a presentation."

"The conference has been a great economic boost to our community, says Steph. "Bringing the conference to Whanganui was estimated by Whanganui and Partners as likely to deliver an economic benefit to the community of



Labour Party Annual Conference held in Whanganui recently.

Photo courtesy of Frank Gibson

\$500,000."

Hosting the Conference took a huge amount of work involving local party volunteers, Adrian Rurawhe, MP for Te Tai Hauāuru, which includes Whanganui, local Te Tai Hauauru members, and Labour Head Office. A large number of local organisations were also involved including Whanganui & Partners, Whanganui Events, Maori Wardens, Police, Neville Gorrie from the Grand Hotel, Heritage

Food Crops Research Trust, Mint Cafe, Essence Catering, Seth Hapu and local dance crew, Aotea Empire, who performed for the crowd in the Royal Wanganui Opera House."

The Conference was a great success with 630 delegates attending and 375 attending the fundraiser dinner for the Whanganui LEC.

Looking back Steph says, "The feedback I have received on the conference has been 100% positive. People have described Whanganui as 'beautiful' and a 'hidden gem' Many long time party members have commented that this was the friendliest, most welcoming Conference they had ever attended - even members of the public passing them in the street went out of their way to make them feel welcome. One commented they had never felt so looked after by the host city.'



Local walks and tramps around the area

generally good over sum-mer, but take water, sun protection and a jacket no

Five key steps will help keep you safe outdoors: * Plan Your Trip * Tell Someone Your Plans * Be Aware of the Weather * Know Your Limits * Take Sufficient Supplies.

These steps make up the Outdoor Safety Code. This code applies to all outdoor activities regardless of the level of intensity. Each of

be prepared for what you might encounter in the outdoors.

Get heaps of important tips, including more information about each of the steps in the Outdoor Safety Code, in the MSC Get Outdoors video series. #MakeItHomeNZ

Whanganui area walks/ tramps:

Park: Great Bushy oung family day out in the bush, it's an eco-sanctuary http://www.bushypark-

* Waitahinga Trails: Kid friendly walking tracks -http://www.waitotara.co.nz/ waitahinga.htm

* Atene Skyline Track: Is a great trip, wear good foot-wear, there's a few steep areas and check the track conditions to see if it's open before you go. Not recommended for small children Take a jacket for exposed areas. There might not be cellphone reception in some parts so tell someone your plans.

Any tracks or adventures near the Whanganui River - Always take a jacket as the weather changes up the river

Araheke Mountain Bike Park - Awesome lake to look at, only grade 2 so a brilliant place to get out for a ride -http://wanganuimountainbikeclub.co.nz/ lake-wiritoa/

Virginia Lake is good

for the kids to get out

* Kai Iwi Beach - at low tide you can do this walk along the beach - https:// www.visitwhanganui.nz/ walking-and-cycling-inwhanganui/

* Atene skyline trail. Plus more tracks here: Walks on Walking Access Commission -

https://www.walkingaccess.govt.nz/find-my-adventure/#/region/manawatu-wanganui

Terri Rosenstock, NZ



Waitahinga dam - For an ideal day walk, take the Okehu ridge trail that leaves from the big signpost Have a snack at Croppers Clearing then take Tom's track down to the Waitahinga Dam. Have lunch here, then head back along Harry's track until you hit the Okehu ridge track again. You can choose to follow this all the way back to the car park, or partway along it, take the Pines' trail. This takes you to the Quarry Road and past the entrance to the Chicken Run trail as you return to the car park

Birthright will be distributing gifts to children of solo parents/carers

Each year Birthright appeals to the public to donate new, unwrapped gifts for children aged from babies to 12 years of age. These can be left at the Birthright office at 244 Victoria Ave or at the Whanganui Chronicle. Birthright says, "We are getting a good response, including from busi-nesses." The final date for bringing them in is Thursday, December 12.

Birthright has asked its clients – the parents/carer to register their children and to suggest what the children are interested in. Birthright staff also know the children and can work out what would appeal, whether it is a unicorn or a Barbie.

The parents/carers will come in on Thursday/ Friday, December 17/18 to collect their bags, wrap the presents up at home

and give them out on Christmas Day.

Birthright tries to include an outdoor family game in the package and also a book for the children.

Any surplus durable presents can be stored but limited life items such as

bubbles and play dough will be given out.

This year 112 children will be receiving Christmas gifts from a generous Whanganui community through Birthright.

Wishing all our readers and advertisers a very Merry Christmas



Christmas and a Happy New Year

Our offices will be closed from 5pm Friday 20 Dec, 2019 & will re-open on Tuesday 14 Jan, 2020

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Age Concern **Christmas/New Year Hours**

Age Concern Whanganui will be closed from midday

Friday 20th December 2019

re-opening on

Monday 6thth January 2020 at 9am

To contact the Elder Abuse Response Service over the Christmas period please ring

0800 326 6865 The Transport & Supermarket Service will

not be available until after 6th January. Age Concern Whanganui Board and Staff wish





Model Railway Christmas Does your dog want a photo with Santa? show this weekend



Model railway Christmas theme

The Wanganui Model Railway & Engineering Society is having a Christmas show from Friday, December from 6pm to 9pm and on

Saturday and Sunday, December 14/15 from 1pm to 4pm. It is at their clubrooms, 70a Alma Road and entry is only \$2

The clubrooms have a

permanent layout and at the show four or five locomotives will be operating simultaneously, while there will be another six or seven smaller systems also operat-ing. The layouts will be Christmas themed. There will also be a display of model engineering items.

Membership of the club is around 24 with about eight "real keen types, full time," said said spokesperson Paul, who is probably one of those. To get involved in model railways, you can start budget wise with up to \$200 for a locomotive but if your passion for model railways gets away with you, "you could pay tens of thousands of." Some enthusiasts build their own locomotives.

The youngest member is 10 or 11, but he does have the advantage of being the nephew of the former president. However, the fascination for model railways covers all age

Christmas

New Year

Hours



Season's Greetings from the team at

Harrison's HireMaster

24 Dec 7.30am to 12 noon

27 Dec Normal Hours Resume

03 Jan Normal Hours Resume

HARRISON'S

HireMaster

WANGANUI

26 CHURTON STREET PH 345 7017

www.hiremasterwanganui.co.nz

25 Dec Closed

26 Dec Closed

01 Jan Closed

02 Jan Closed

Santa with police-man, Caleb and his

Trafalgar Centre is offering the chance for your dog, and perhaps yourself, to have a photo with Santa. So far the offer has been the biggest hit on their Facebook. Someone is even coming from Palmerston North with their dog. It was available only on one evening, last night - at this stage. However, if there is enough interest, another night will be held.

You need to phone Annette on 027 251 9302 to make your booking. Photos are priced from \$30.

However, if you don't have a dog, or prefer to have your children have their photo taken with Santa, there are many more opportunities. Anwill start taking nette photos from Saturday, December 14 through to December 24, but she says "the earlier you come in the better." No appointments necessary and it doesn't take long. Check the Trafalgar Centre Facebook for more details.

Prices start at \$10 for a 6 by 4.





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Xmas Eve (Tues 24th Dec) Christmas Day (Weds 25th Dec) Boxing Day (Thur 26th Dec) Fri 27th Dec - Mon 30th Dec New Years Eve (Tues 31st Dec) New Years Day (Weds 1st Jan) Thurs 2nd Jan Fri 3rd Jan onwards

RESTAURANT

Xmas Eve (Tues 24th Dec) Christmas Day (Weds 25th Dec) Boxing Day (Thur 26th Dec) Fri 27th Dec & Sat 28th Dec Sun 29th & Mon 30th Dec New Years Eve (Tues 31st Dec) New Years Day (Weds 1st Jan) Thurs 2nd Jan Fri 3rd Jan onwards

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Xmas Eve (Tues 24th Dec) Christmas Day & Boxing Day Fri 27th Dec & Sat 28th Dec Sun 29th & Mon 30th Dec New Years Eve (Tues 31st Dec) New Years Day & 2nd Jan Fri 3rd Jan onwards

11.00am - Close **CLOSED** 2pm - 7pm 11.00am - Close 11.00am - 9pm 2pm - 7pm 2pm - 7pm

11.00am - Close 11.00am - Close

CLOSED CLOSED 11.00am - Close CLOSED

5.30pm - 8.00pm CLOSED CLOSED

11.00am - Close

4pm - 8pm NO VAN 11.00am - Close NO VAN 3.00pm - 9.30pm

NO VAN 11.00am - Close

RIVER CITY PRESS, THURSDAY, DECEMBER 12, 2019 - 17

RSA's Women Section celebrates with Christmas morning tea



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City Mission, 7 Park Place Monday - Friday, 9am - 3pm

Zest for Mission Shop, 163 Victoria Avenue

\$3.00 per child (6-12 yrs) FREE for children 5yrs & under



The Women's Section of the RSA has been operating since 1942, meeting once a month. On Wednesday, December 11 they celebrated at Club Metro with a Christmas morning tea complete with Christmas cake as well as entertainment. President, Elaine Loveridge says, "It is a friendship activity and newcomers are always welcome." You can contact her on 345 8090.

Alzheimers Whanganui



CHRISTMAS



reopening on Monday 6th January, 2020

We would like to wish the Whanganui Community a very Merry Christmas and a Happy New Year and thank them for their support throughout the year.

For support please phone

0800 004 001





Operation Shoebox provides Christmas gifts through Jigsaw

Brent and Maria Lawless were introduced to the idea of 'Operation Shoebox' by a friend and after helping her set it up four years ago, have been doing it ever since.

It works as follows: You buy a new present, wrap it up, fill in details of age/ sex etc. on a label avail-able at Wanganui Toyota, Guyton Street and leave them there by 13 December. You can arrange for the present to be picked up. You can also get gift idea sheets in case you are not too sure.

The presents will be handed over to Jigsaw Whanganui and they will distribute them to their clients and their families. Brent says, "We chose Jigsaw because they work with families as a unit.

You can also donate cash. Brent and Maria will go out and buy presents with the money and add them to the collection. Last year donations covered 40 shoeboxes of presents. Companies can get involved and if they donate 10 or more, their logo will be added onto a flyer. Brent said, "A woman came in from Central Baptist with 30 boxes.'

As for the shoeboxes most of them were donated by Footloose and Posh Comfort.

Last year the goal was to fill 200 boxes – they finished with 261. Brent and Maria would love a similar result this year.

Only 1 more paper until **Christmas!**

Book your advertising now. **River City Press**

rivercitypress@xtra.co.nz Ph. 345 3666



Some of the filled shoe boxes at Toyota.



Seasons to our clients

Thank you for your support throughout 2019.

We wish you a happy, peaceful Christmas and a prosperous New Year.

Our office reopens WEDNESDAY 15 JANUARY 2020



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Clinic at Inspire Health & Fitness Centre, Wanganui

Retirement home celebrates with own Christmas Parade

Kowhainui's annual Christmas Parade must be a highlight of the season for many residents, staff and participants, judging by all the work that goes into costumes and Christmas items.

The Parade is always led by a trumpet player and this year a resident in her mobility vehicle dressed up in Christmas colours, also led. The children from the nearby Montessori pre-school come next suitably dressed and excited,

followed by Whanganui Ballet & Dance Academy students dressed up 'dif-ferently.' Josh Chandalal-MacKay was there but would also have been well placed in an Irish Christmas Parade.

Apart from staff and residents there was also Fire Service personnel and a group of well-behaved and friendly dogs.
Other residents lined the

corridors to cheer on the parade and all of them were treated to a sausage sizzle and refreshments.

for two months only ending in March 2020.

The Taihape to Palmerston North service will remain unaffected by this

change. We would like to apologise in advance to

anyone who is inconven-

ienced by these service

Bus notices and time-

tables for the service

can be found at www.

changes.



Councillor Josh Chandalal-MacKay getting into the spirit of Christmas

Brass Wanganui trumpet player leads the parade along with a resident

MAKE 2020

THEIR BEST

YEAR YET

Temporary service change: Taihape to Whanganui service change will run

Horizons Regional Council's bus service from Taihape to Whanganui will temporarily operate on Fridays rather than Thursdays commencing from 3 January

Horizons Transport Manager, Phil Hindrup, says the altered service is a result of the public holidays in January and February falling on

Thursdays respectively. "The January service will now run on Friday the 3rd in lieu of Thursday the 2nd, the day after New Year's day. The February service will now run on Friday the 7th in lieu of Thursday 6th, which is Waitangi Day.

Mr Hindrup says with the two public holidays falling on a Thursday, it would have translated into two months without the Taihape to Whanganui service.

"This temporary





Wishing our clients a Happy & Safe Christmas!

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Season's Greetings from the team at Air Wanganui.

We would like to acknowledge your local flight nurse team who work alongside our pilots to ensure members of our community get the best care possible.



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Merry Christmas and Happy New Year!

We are closing on Friday 13th December.

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RIVER CITY PRESS, THURSDAY, DECEMBER 12, 2019 - 19



CARING FOR THE ELDERLY THIS CHRISTMAS



for our seniors these holidays

There is a lot of pressure on people to enjoy themselves during the holidays. The reality, however, is that many people feel increasingly isolated and unhappy during this season of goodwill and elders can have an especially hard time.

While aging can bring wisdom and experience, there are inevitable losses that even the healthiest seniors face. Loved ones and friends fall ill and pass away. Energy and mobility levels often decrease, resulting in feelings of lost independence and opportunities. Neighborhoods change over time, leaving even those well enough

to remain in their own homes feeling lonely. The focus on family, friends and togetherness during this time of year can actually bring melancholy feelings to the forefront.

If you believe that your parent, spouse, friend or neighbor may be depressed, there are steps that you can take to help lift their spirits. You are probably busy with your own holiday preparations, but it's important to remember what the holiday season is truly about. Simplifying some of your plans will allow you to focus on what really matters: the important people in your life. Use these ideas to brighten up a loved one's holiday

Tips to Enhance a Senior's Holiday **Experience:**

- 1. Make a point of actively listening when they want to talk, even if the discussion is negative. An honest and empathetic conversation can help them process what is bothering them, whether they are mourning a loss or coming to terms with new challenges in their life. It may also reveal why they are feeling down and help you devise other ways to lift their spirits.
- 2. Remind them how important they are as a part of your life, your family members' lives and these annual holiday celebrations. They may



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feel useless or burdensome if they cannot contribute to, or fully participate in the festivities like they used to. Encourage them to do what they are capable of and be especially careful not to act like what you do for them is a duty. Show them they are loved.

3. If a senior is in a long-term care facility, check with the activities director and local schools or extracurricular programs to see if they can arrange for children to visit with, or even perform, for the residents. New activities and interactions with younger generations can be very uplifting for an elder who is in physical or emotional pain. If possible, take the senior out to school programs and games, especially if they feature younger family members.

4. Cook traditional baked goods or treats with

your loved one, if possible. If they reside in an assisted living facility or nursing home, bring treats on your visits for your elder to enjoy and share

5. The most important thing you can do with a senior to make them feel loved and included this season, is to spend time with them. Look at family photos, watch home videos or holiday movies, listen to seasonal music, or do crafts together. Regardless of what you decide to do together, any time you can spare is

Are you a little Ionei

you spend too much time on your own? Maybe you can't get out much these days and would enjoy company, a chance to chat and share an interest? Are you also over 65, unable to drive, living alone, without local family and with frail health?

Age Concern Whanganui has an Accredited Visiting Service. The service has caring volunteers who are keen to spend time with an older person Many of them are older

visit their special person for about an hour each week. They tell us that they enjoy the opportunity to get to know someone and that they benefit and learn from the experience.

A regular visit is something to look forward to. Our co-ordinator, Clare Fearnley, can match you with a volunteer who shares your interests and who know you. We'll find the right visitor, the right company - for you. Having a visitor can make a real difference.

If you or someone you know would like to know more about having a visitor, simply call us on 06 345 1799 or pop into our centre at 164 St Hill St 9-3.30pm for more information.



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Marton Country Music Festival anticipated to be 'the best one yet'

music fan or just a live music fan, the Marton Country Music Festival is the must-see event of the summer. The festival will be taking place from 17 to 19 January at Sir James Wilson Park in Marton and this year is set to be the best to date.

Currently in its 16th year, the festival has grown from strength to strength and is now one of the most anticipated Country events around and a huge event for Marton and the Rangitikei District.

The Festival is a non-profit event run for community purposes to encourage and promote Country Music and local artists, as well as family participation. It is an event which is attended by all age groups and ethnicities. The organisers and helpers are all volunteers. It is a top of the line event with a very professional presentation.

People arrive from all over New Zealand and the world. A very large contingent of Motor Homers make it a very important event on their calendar for the year. The event brings many people to Marton and the surrounding area.

The festival will once



Part of the crowd at last year's event

line-up of artists, with this year being a very special New Zealand Showcase line up.

Marian Burns is one of New Zealand's most iconic entertainers, having shared the stage with the likes of Ricky Skaggs and The Topp Twins. She has played to audiences numbering over 100,000 at Coca Cola's Christmas in the Park. Marian has recently been named as an Awarded Member of the New Zealand Order of Merit for her services to Music.

Coopers Run is one of the main acts this year - Coopers Run were the very first Kiwi's to appear

on the Country Music Association's Global Artist Party in Nashville Tennessee! The event was viewed by over 40 million people and they were backed by legendary singer/songwriter, Pam Tillis' band.

Coopers Run have opened for Glen Campbell, Grammy award winning, Lady, Kenny Rogers, LeAnn Rimes & Scotty McCreery. The pair is two time NCMA Duo-Group of the year. They have completed their first international tour in June last year.

The Festival is a great chance to experience the strongest voices in the New Zealand Country

Music scene and beyond. There's open mic sessions, singalongs and more, so bring the kids for some good family and community fun!

The Marton Country Music Festival is a friendly and welcoming event for all music lovers; it is a gathering of country music enthusiasts to share a weekend listening to and enjoying live country music.

As we move to our 16th year the enthusiasm grows even larger. See you there! – More infor-mation and a list of Artists can be found at http:// martonfestival.nz.

- John de Burgh Keeping it all Country!

Calling young artists for free mural workshop in January



The Sculpture Garden at the WRRC

The Whanganui Resource Recovery Centre is calling for keen young artists (9 years and over), who would like to create murals of local iconic buildings, to ioin a mural workshop.

This is a chance to join artist, Esther Topfer, at the Whanganui Resource Recovery Centre (WRRC) during the week 6th to 10th January, from 10.30am to 2.30pm daily

This January workshop follows a very

successful workshop held in July, during which young artists created art works for the Sculpture Garden at the WRRC. Both workshops have been funded by grants from Whanganui Creative Communities.

January workshop attendees will make large murals to brighten up the fence, using bottle tops, bamboo and other repurposed resources

For further details and to register phone Esther on 022 523 4987

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Saturday 15 Dec Sunday 10am - 4pm Sunday Monday 16 Dec 9am - 7pm Monday Tuesday 17 Dec 9am - 7pm Wednesday 18 Dec 9am - 7pm Thursday 9am - 7pm 19 Dec 20 Dec 9am - 8pm

24 Dec Tuesday Wednesday Thursday 26 Dec Friday

22 Dec 8am - 8pm 23 Dec 8am - 6pm 8am - 7pm 9am - 6pm 27 Dec Normal Hours

73 Victoria Avenue, Wanganui. Phone 06 345 6868



SPECIALISED SERVICES

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GOLF



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A big problem is the Cape Daisy weed. Ray says, "We sprayed it before summer and got it under control but it loves warm, wet, damp conditions and has come back. So we are spraying

it monthly."

The shop is now full of stock with golf clubs and accessories. The old hire sets have been sold off and replaced with better quality sets. The greens equipment has also been upgraded and there is a new fairway mower. The driving range has received their attention as well with new mats and a general fresh up.

The owners have implemented a *9-hole soc-cer golf* layout and have

reasonably priced green fee summer memberships available.

Ray found an old sign from the days when the course was a council owned facility. He has restored it and hung it up at the entrance to the shop

Prices have remained the same with only a

small increase for the 18-hole group of play-

It has been hard work with both Ray and Bonnie working seven days a week. But the satisfaction of an improving golf course and the positive feedback received from everyone has made it worthwhile.

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SPECIALISED SERVICES

'Sort It Out' expands range and includes local products

Sort It Out Landscape Supplies' at 19 Rakau Street off Mill Road, 19 months ago and the business is thriving. They stock a large range of landscape supplies, including bark and mulches, soil, sands, metals and mixes, suited to all types of gardening needs. Rose is now supported by Ian, Tracey and Doug.

The range of products has expanded with a total of 26 bulk bin products available. Recent additions include Large Bark Nuggets and Bark Mulch. Sort It Out also stocks complementary products, such as Certus non-slip and square pavers), Simply Wrought

Iron garden art work and Louise Herman mosaics all made locally.

Although it is now summer, it is the best time to stock up on



firewood for winter.

Sort It Out has mac and

It Out is a WINZ approved supplier.

For the bulk bins, Sort It Out charges by the scoop which is 250 litres or 1/4 cube

Their hours are Monday to Friday, 7.30am to 5pm, Saturdays 8am to 4pm, Sundays and public holidays from 9am to 3pm.

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MiNZ wishes our customers a very Merry Christmas and a Happy New Year.



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RIVER CITY PRESS, THURSDAY, DECEMBER 12, 2019 - 23

65 Artificial waterways

Pulled longer (9)

72 Active by night (9)

Indications (5)

74 Shotgun (anag)(7)

Crashed together

(8) 80 Offered (11) 81 Australian "bear" (5)

Trench (5)

83 Perseveré in

(6) 66 Frustrate (6)

ACROSS

Special skill (5) The best person or thing of a particular kind (5,2,2,5)

Jumbo crossword

- Permit (5)
- Separated (5) Collection of keepsakes (11)
- Window in ship (8) Conveyance (7)
- Sailing ship (5) Careful and

misfortune (9)

Black notes (6) Unlocked (6)

Highly skilled musician (8)

Customs estab-

lished over time (10) Analgesic drug (7)

Cowboy's rope (6)

40 Old age, feebleness

Long ago (4) Gist (7) Shark type (10)

Porridge (7)

event (10)

62 Spear (5)

Looked as if (6)

Occurred afterwards

Vigorous campaign

Violent world-ending

Strong dislike (8)

Pipe (4)

Hardship:

Scum (5)

(6)

50

56

60

promoting a futile cause (4,1,4,5) persistent work or effort (9) 84 Lustre (5)

DOWN

79

- 2 Male relative (6) Dog breed (5)
- Illuminated at night
- Fire-breathing monster (6) Animal's den (4)
- Urgently vital (8) 10 Wears away (6)
- Foresee (10)
- Circle (4) Demolished (7) Open sore (5)
- Despondent,
- discouraged (10) Up and about (5)
- Proclaim (8) 25 Feel contempt for
- 26 Light motorcycle (7) Rubs out (6)
- 29 Rostrum (6) 30 Musically, in slow
- time (6)

- Jewelled headdress
- (5) Artillery projectile (5)
- 36 Metal (4) 37
- Slight advantage (4) Film set crowd filler
- 43 Legal writ (8) Girl's name (6)
- 45 Half of a globe (10)
- 46 Manufactured (4)
- Graceful and stylish
- Silent (6)
- Encourages or assists, especially in wrongdoing (5) Well-ventilated (4)
- Communiqué (7) Habitual user (6)
- Cosmetic lacquer
- (4,6)Tall narrow building
- 63 Intense unfounded
- suspicion (8) Newspaper
- exclusive (5) Persuaded by force,
- threats (7) Citrus fruit (7)
- Stifle (anag)(6)
- At an angle (6) Promotional photos from a cinema film
- One with morbid interests (5)
- Over-abundance (4) Racing toboggan (4)
- Church seats (4)

SEX Extra

EACH number in our Code-Cracker grid represents a different letter of the alphabet. For example, today 7 represents M, so fill in M every time the alphabet. For example, today / represents M, so fill in M every time the figure 7 appears. You have one letter in the control grid to start you off. Enter it in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares. As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the list of alphabetical letters as you identify them. Visit www.codecracker.co.nz

1	2	3	4	5	3	6		2	4	2	3	7		1	14
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4			23	15	11	17	13	15	10	4	8	13	racker.	9	22
11		24		17		13		2		11		11	www.codecracker.co.nz	10	23
14	4	11	25	25	2	3	6		2	26	11	6			24
15		2		11		2				13		2	Simon Shuker	12	25
13	15	4	11	10		10	2	3	2	19	5	4	Simor	13	26

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Sudoku

	4	3		7			2	
	2		3	1		9	6	
3	1	7	4					5
6					7	3	9	2
	7	9		3	8		1	
	8			9		7	3	

MEDIUM

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

Pr								
2	4	0	7	1	_	6	0	2

7	3	8	6	2	4	5	9	1
6	1	5	8	3	9	2	4	7
3	7	6	4	8	2	1	5	9
8	9	2	3	5	1	4	7	6
1	5	4	9	6	7	8	3	2
5	6	3	1	7	8	9	2	4
4	8	1	2	9	3	7	6	5
9	2	7	5	4	6	3	1	8

Previous CodeCracker solution

	¹ A	² S	³	⁴ N	⁵ H	⁶ R	⁷ O	⁸ E	⁹ P	¹⁰ C	¹¹ K	12 L	¹³ F
	¹⁴ T	¹⁵ W	¹⁶ J	¹⁷ B	¹⁸ Q	¹⁹ U	²⁰ M	²¹ G	²² V	²³ Z	²⁴ X	²⁵ D	26 Y

All puzzles @ The Puzzle Company www.thepuzzlecompany.co.nz

Previous crossword solution

ACROSS: 1 Descend, 4 Changeless, 9 Clogged, 13 Opus, 14 Ampere, 15 Assets, 16 Refined, 19 Pipe dreams, 20 Serenade, 21 State, 24 Mosaic, 25 Remiss, 27 Assistant, 32 Basement, 33 Border, 34 Boredom, 38 32 Basement, 33 Border, 34 Boredom, 38 Crucible, 39 Trojan, 40 Thor, 41 Funny, 42 Egg on, 45 Hold your horses, 52 Pleat, 55 Cowed, 56 Sofa, 57 Shifty, 58 Depleted, 61 Kneaded, 62 Revere, 63 Aardvark, 66 Footloose, 68 Clever, 69 Impede, 73 Clasp, 74 Fletcher, 76 Portuguese, 81 Defrost, 82 Asylum, 83 Wizard, 84 Corp. 95 Polesco. 84 Crop, 85 Release, 86 Desiccated, 87

DOWN: 1 Droop, 2 Sourpuss, 3 Damned, 4 Cream, 5 Aces, 6 Glasses, 7 Lustre, 8 Satin, 10 Lies, 11 Glisten, 12 Erects, 17 Admiration, 18 Admir, 22 Bitterly, 23 Stool, 24 Manacle, 26 Even, 28 Shelter, 29 Wealth, 30 Branch, 31 Cornea, 33 Bijou, 35 Equal, 36 Rung, 37 Vote, 43 Ground, 44 Omega, 46 Oboe, 47 Deadens, 48 Outstan, 40 Bries En Outstan, 51 Supras, 40 Reprise En Outstan, 51 Supras, 40 Reprise En Outstan, 51 Supras, 51 Supras, 52 Supras, 53 Supras, 54 Supras, 55 Supras, 55 Supras, 55 Supras, 55 Supras, 55 Supras, 56 Supras, 57 48 Oyster, 49 Rhine, 50 Outdated, 51 Swerve, 52 Pilgrimage, 53 Eats, 54 Tadpole, 59 Petty, 60 Tree, 64 Moult, 65 Rehearse, 67 Observe, 68 Ceramic, 70 Allege, 71 Chilli, 72 Starts, 75 Taste, 77 Oozed, 78 Empty, 79 Asks, 80 Swat.

5x5

	Е		Α		1
		Α		Α	
	Α		D		E
				٧	
	F		R		Г

Insert the missing letters to complete ten words five across the grid and five down. More than one solution may be possible.

Previous solution

S		Α	S	Η
Р	0	Ν	С	Ε
L	Α	G	Ε	R
Α	M	Ε	N	D
Т	Υ	R	Ε	s
 _	_	_	_	



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REVIEW: Cinders, the True Story - Repertory Theatre



Ashlyn Morris director/Fairy Godmother with Campbell Wilkins as Dandini

- Written by David Timmins, Directed by Ashlyn Morris, Repertory Thea-

Leave your inhibitions at the door and take your inner child to make the most of Whanganui Rep's Christmas pantomime 'Cinders, the True Story'. Despite the modernsounding title, it's the traditional Cinderella story, albeit with a few modern touches and local jokes.

This production starts as it means to go on with a glittery fairy godmother who acts as commentator as well as managing all the usual fairy godmother tricks. Ashlyn Morris, also the director, thoroughly enjoys herself in the role, encouraging boos and groans when needed.

She has some competition in producing Cinder's ball outfit from Buttons, a confident Freyja Wrigglesworth, who is secretly in love with Cinderella. Unfortunately, Buttons' dressmaking efforts are destroyed by Dotty and Spotty, the ugly sisters, in their efforts to steal the dress. Brie Parkinson

and Mikayla Walker enjoy themselves being suitably mean and nasty to their stepsister as well as to each other.

Toni Adams makes a charming Cinderella with a positive outlook on the world and makes the audience believe in fairy godmothers and true love, but is also pert and feisty and a thoroughly modern Miss when required.

Writer, David Timmins, has raided the Christmas cracker factory for the terrible jokes Buttons tells Cinders to cheer her up early on and the audience should come prepared with a joke to help. The best one might even get a prize.
Panto tradition dictates

the Prince is played by a female, in this case Grace Trillo, whose ambition is to find a wife, although he is determined not be taken in by the scheming Baroness Hardup. The main role of the principal boy in pan-tomime is to look good and be romantic, which Grace Trillo does well, but the Prince also has some great backchat scenes with the delightful Dandini, bril-liantly played by eightyear-old Campbell Wilkins who, although a little hard to hear at times, was excellent as the Prince's servant.

Chris Stedman as Cinderella's father, the much putupon Baron Hardup, brings a solid presence to the role and gained the biggest laugh of the night when he finally had enough of being the henpecked husband and turns on the bossy Baroness, played to perfection by Cathy Gribble, who relishes her role as the conniving stepmother. She is a delight as an over-the-top pantomime villain.

The cast communicated their enthusiasm to the audience for this traditional pre-Christmas treat, with the simple sets allowing the audience to focus on the story.

Cinders runs until Sunday with performances at 6.30 pm tonight and Friday and matinees on the weekend. Tickets are available from the Opera House or at the door. In the spirit of Christmas, audience members are also asked to donate a personal care product for City Mission food parcels.

- Dick Ward

Climate change on agenda for workshop

Feedback from Whanganui District Council's community engagement on climate change has been reviewed and the Mayor and Councillors will meet in January 2020 to discuss the feedback and the development of a Climate Change Strategy and Action plan.

Whanganui District Council's General Manager Strategy, Charlotte Almond says, "Between August and October this year we were out and about listening to the community's ideas on climate change. We gave people a wide range of ways to respond to us - whether it was attending a public meeting, completing a survey online or posting feedback into suggestion boxes based at libraries – and we heard from about 250 members of the community.

"The feedback has provided us with rich information about our community's views on climate change and the

role the community would like the Council to play in this

area," Charlotte Almond says.

As part of this process the Council is meeting with representatives of local iwi to consider how a Te Ao Māori perspective could inform the Council's Climate Change Strategy work. A Regional Climate Change Collaboration Group has also been established and is meeting regularly to ensure that work being undertaken within the Horizons catchment area in response to climate change, is well co-

"The upcoming workshop for elected members is a key step in the process towards developing a cohesive Climate Change Strategy that will factor climate change into all aspects of the Council's decision-making," Charlotte

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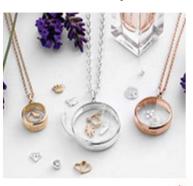
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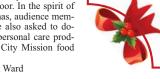
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The Raetihi Christmas Festival - it's only a slip away

The Raetihi Christmas Festival is on this Saturday, December 14 and Raetihi is again looking forward to welcom-ing the community of Raetihi along with the wider Waimarino community and all visitors.

The slip on State Highway 4 meant the town found itself with potential loss of through traffic and so it was decided that this year's event will be the biggest yet so that the town has something positive to look forward to. It will run from 10am, when the market stalls open, through to 7pm when the live stage closes.

The stage will be on the grass area alongside coach café giving people a space where spectators can sit, relax, chill and listen to the bands from the Sound Present Stage.

There will be plenty of Market stalls; 11 stalls providing a range of food items as well as a mini fairground area, with three fairground games including the drench stool, a bouncy castle, with popcorn, candy floss and Ameri-

can style hot dogs. 'Raetihi Santa", will be in the Grotto at various times through the day, with the Grotto posi-tioned in the Community Space, besides the fairground.

A new addition this year, besides the library, will be a car show. This is a chance to admire some cool wheels, race cars, muscle cars, stock cars and sweet looking bikes.

The 'Giant Christmas Raffle' runs to 21 December when it will be drawn at the Raetihi Cosmo-politan Club. The major prize is a 65" flat screen Samsung TV - value of \$2300.

Local schools are organising the children's 'Recycling for Christmas" competition for something relating to Christmas made from recycled materials.

The Parade starts at 3.30pm, led by the Waimarino Junior brass

At 6.30pm kids are invited to have a water fight - so bring your water guns, squeezy bottles,





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Community News

Searching questions for NZTA and the Government

- Cr Helen Craig I'm heartened that NZTA have expressed commitment to repairing the large slip at Matahiwi and other areas on the Parapara SH4. However, there has been systemic delays and lack of maintenance for years. This community needs more assurances that this vital link receives the appropriate level of funding, not just now, but into the future.

NZTA are sending a delegation to Council on Tuesday, December 10, following my lobbying for many months. Unfortunately I cannot attend, but the following questions will be asked on my behalf. I'm sure NZTA are doing their best, but is the Government funding this vital route adequately? Since they are soon to announce more funding for infrastructure, we need to know that our

District counts!
The Railway Bridge Walkway is in a poor state and will close shortly. Our community really needs this link across the river. With Govern-ment emphasizing the need for more walking and cycling tracks, safety and reducing carbon emissions, this existing link should be a priority to repair otherwise its likely to close due to its poor state of repair. What are the plans to fund this?

How does NZTA prioritise spending on NZ roads and what priority is SH4 Parapara? How does this classification affect the budget and prioritizing of general repairs and maintenance and secondly emergen cy repairs following slip damage.

There are currently 5 major slips on the Parapara. The most recent resulted in the total loss of the road. The other 4 slips have resulted in single lane stretches controlled by traffic lights and have been there for a number of years, in some cases since 2014. Are they committed to fully reinstating the road to two lanes over the next 12 months?

The road is also showing wear and tear all along the route that appears to indicate the road overall, is in poor condition and further slips and closures can be expected. Are they committed to a full maintenance

Why has the Parapara not been kept in better condition and why have these long-term slips not been

repaired. Why has NZTA not fully assessed repair solutions for the 4 slips up to this point? If they had, work could start immediately on these stretches. Instead teams are starting on other areas whilst these areas are still assessed. In the case of the Upokongaro slip which occurred 4-5 years ago, why has it taken this long to finalise an agreement with the property owners so that repairs could begin.

NZTA have said they are now prioritising the Parapara. Čan they give this community an assurance that the entire Parapara will remain a priority road until all slips have been fully repaired and regular maintenance and preventative maintenance is programmed into the route.

When will NZTA hold a public meeting in the Whanganui District, to answer the questions and hear concerns from users of the road, especially farmers, tourism and transport opera-

What progress is being made to rectify the Matahiwi slip south of Raetihi and what assurances can NZTA provide regarding the safety of the temporary route being proposed?

What in-depth studies are being undertaken to assess the increasing damage to national and local roads by "Heavy" vehicles, particularly the likely increase in logging trucks What additional financial support will Councils receive via the FAR subsidy (currently only 61%), to assist in maintaining local roads?

Does NZTA have locally based ex pertise to manage and understand the unique nature of the Parapara and how best to maintain and prevent future damage due to trucking, slash damage to the river sides and weather events?

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The toss is always easy when you want to bat and the opposition wants to bowl. Little did the Property Brokers P1s know the kind of power hitting they were about to witness as openers Robbie Power and Gerard Hobbs came out to bat. It was the penultimate ball of the innings when Hobbs finally returned to the pavilion Robbie hitting max power with some lusty blows straight and over cow. 6 sixes and 15 fours in a powerful 121 no off just 61 balls. It was an innings that had been coming for a while and what a way to bring up your first club 100 but with a deft glide down to 3rd man. At the other end he had an able support player in Gerard Hobbs who stroked 69 off 61 to only be out on the second to last ball trying to chip one over mid off. It was a return to the Hobbs of old with some glorious cover drives. Thus finishing 207 for 1. It's not often you bat

four and never get out to bat. As it was Marist took the long handle to it, with Zak O'Keefe especially dominating from the

northern end. Using the strong northerly wind to hoist 8 sixes of his own, 4 of which resulted in lost balls. Our bowlers struggled for length bowling into that wind. His demise for 92 from none other than the king of the power play, Robbie, who managed to pick up 3 wickets to go with his 100, effectively ended any Marist hopes of an unlikely victory and they batted out their overs falling 59 runs short And another win for the lads



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The Shape of Night Tess Gerritsen

A woman trying to outrun her past is drawn to a quiet coastal town in Maine and to a string of unsolved murders, in this haunting tale of romantic suspense.

Rachel Hunter's Tour of Beauty - with Emma Clifton

Over the course of a life changing year, supermodel Rachel Hunter, was given the challenge of looking at how different countries around the world define the idea of beauty and wellness. Tour of Beauty is also an award-winning television show that has now been broadcast in over 140 countries around the world.

Postscript – Cecelia Ahern

It's been 7 years since Holly's husband died – 6 years since she read his final letter, urging Holly to find the courage to forge a new life. Holly begins a relationship with the PS, I Love You Club and each of these people calls upon Holly to help them leave something meaningful behind for their loved ones. She will embark on a remark-

Health Minister visits preschool that offers wrap-around services to families

During the Labour Party Conference in Whanganui, Health Minister Dr Hon David Clark, Labour Whanganui candidate, Steph Lewis and local member, Tim Easton, met with representatives of Win1000 at Live & Learn early childhood centre to discuss the opportunities to support young children in Whanganui.

Win1000 stands for Whanganui Interagency Network and the 1,000 represents the first 1,000 days of a child's life because those are the most crucial to a child's development. The group includes Whanganui District Health Board; Whanganui Regional Health Network; Whanganui District Council; Te Puna Matauranga o Whanganui; Ministry of Education; representa-tion from all education sectors; Oranga Tamariki; Infant, Child, Adolescent, Mental Health and Addiction Services: Jigsaw Whanganui; and NGOs.

"The early years of a child's life are the most important. That is why the Government has invested in the family's package including a Best Start payment of \$60 a week for the first three years of a child's life, gave ECE the first across-the-board



From the left: Linda Ireton, Principal Keith Street School, Zoe Young, Resource Teacher of Learning and Development, Steph, Trish Silk Clinical Nurse Manager Pediatrics at the DHB, Hon David Clark, Marie Butterini from Love and Learn and Tim Easton

funding rate increase in a decade and increased funding to Oranga Tamariki to support vulnerable children" said Steph Lewis.

"It was great to return to Live and Learn and see the progress that Marie and her team have made since I last visited two years ago to bring agencies together to provide wrap around services to families with children there. This sort of collaboration is exactly what we need to ensure every child gets the best start in life."

"It was a great opportunity for Minister Clark to

hear about the challenges
they face and opportunities moving forward. It
was also a chance for
him to talk to some of

available for mental
health services."

The group was abl
see how Live and L
is using their faciliti

the members of Win1000

about what opportunities

there were for funding to

support the work they are

doing such as funding the

Government has made

The group was able to see how Live and Learn is using their facilities to reach out into the community including planting community gardens, the satellite library and running skills-based workshops for families.







Sadly passed away recently...

Herbert George (George) CANTRICK, aged 84 years on 7 December, 2019.

Richard Harrington Noel DENCH, aged 76 years, on 18 November 2019.

Victor Pereira SILVEIRA, aged 59 years, on 28 November, 2019.

Adrian Mark Tawaroa TAKIARI, on 4 December, 2019.

Joyce THOMAS, aged 95 years on 7 December, 2019.

Christine (nee Raupita) WALLACE, aged 63 years on 5 December, 2019.

Jean Elizabeth (formerly Whitaker) WILLIAMSON, aged 91 years, on 10 December, 2019.

Lynette Clare WILSON, aged 64 years, on 6 December 2019.





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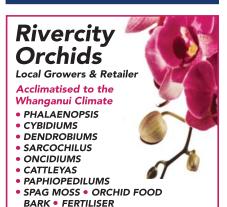






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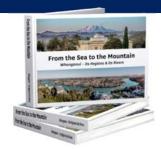
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Whimsical tales of old Wanganui

Episode 9: A lucky escape for young Tommy

- By Murray Crawford In our previous episode we laid Thomas Atkins to rest, the former proprietor of the Carbine Stables having succumbed to "a severe illness'

This series began with Atkins as a promising young entrepreneur who would become one of our town's first motor vehicle owners and one who testconstabulary's ability to enforce them) to their limits. But what about the even younger Thomas Atkins?

It is very likely he was the young lad of that name who survived a very serious and gruesome accident which occurred in Wanganui in 1879. Engine driver, John Nixon, was killed when a boiler exploded at

ed the road rules (and the Duncan & York's sawmill on 5 May. An inquest was held at the Ship Hotel the following day at which Thomas, employed as a stoker, was asked to give evidence.

Previous witnesses had described the explosion which destroyed both the engine and its housing. Dr Henry Sorley had ordered Nixon to be removed to

Young Thomas had been oiling the engine's shaft just ten yards away from the boiler when the explosion occurred, so one very lucky boy was called to the seen Nixon about two minutes before the explosion. His evidence reveals a very the workings and maintenance of the machinery, pointing to someone capa-

The lower jaw was fractured in several places...... By the time I had finished the main evidence which my examination the pulse had stopped and the man was dead." (Herald: 7 May,

inquest. He said he had last precise understanding of ble of one day embracing the marvels of the internal combustion engine. But

points to this young Thomas being the leading character in our series featuring the "somewhat confirmed offender" is that he was 48 when he died, indicating a birth year of 1865. On that reckoning Thomas would have been 13 at the time of the 1879 explosion which took John Nixon's life. His evidence at the inquest began: "I work for Duncan and York. I am nearly fourteen years of age."

Murray Crawford is the author of "Whimsical Tales of old Wanganui", available at River City Press, \$35 per copy. All proceeds to Alzheimers Whanganui.



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FREE, confidential health checks, STI and HIV screening. Outpatients Department, Wanganui Hospital. Monday and Thursday from 5pm - 6pm. Phone 348 1775/ 021 323077. PREGNANT? Worried? Need to talk? We care, listen and help. Ph. 348 0008 or 0800 PREG-NANT 24/7

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Wayne Bishop Ph 06 343 1454 Mob 027 555 3074

PUBLIC NOTICES

COMMUNITY Event Services. Whanganui Sound Services 027-2644-399. Not in book

FOR SALE

GOLDFISH red-comets, calico-fans, Shubunkins, blackmoors and other types. Variety of sizes. Phone 3472199.

JOE Lett Ltd, all sorts of mobility aids including scooters, wheelchairs, available. Joe Lett Ltd, 11 Churton Street, ph 345 8599

NEW Seasons fresh native and ornamental shrubs and trees from \$5.00 to \$15.00 for large grades now ready, fine landscaping grades, good hedge lines. Dried blood \$8.00 per kilo. Excellent for all garden use. Give your plants that boost now. Parnells Quality Tree & Shrub Nursery, 102 Fox Road,. Phone 344 6645, Est 1895.

FIREWOOD FOR SALE

AFFORDABLE firewood from \$70 a cube for sale. Please phone us on 06 3438466.

PETS AND **LIVESTOCK**

DOG grooming at Pet Dog School. All breeds, all styles from simple to stunning. Get the look you want. Ph: (06) 345 2553.

THREE Bantam hens, laying for sale - \$30. Ph 3441047.





Revised Valuation Rolls

office@embassy3.co.nz | info line 06 345 7958

The Valuation Rolls for Whanganui District Council have been revised by Quotable Value Limited (QV), the Council's valuation service provider.

The revised Rating Values are effective as at 1 September 2019. Notices of valuation will be posted to owners and ratepayers from 16 December 2019.

The District Valuation Rolls will be freely available for public viewing Monday-Friday 8am-5pm at Council Customer Services, 101 Guyton Street, from 16 December 2019 until 31 January 2020.

Objections

Objections to the revised valuations must be lodged in writing or online at ratingvalues.co.nz no later than 31 January 2020.

Objection forms are available from Council Customer Services or Quotable Value Limited and should be posted to:

Ouotable Value Ltd — Business Support Private Bag 39818 Wellington Mail Centre LOWER HUTT 5045

More information about Understanding your Rating Value can be found at ratingvalues.co.nz

Kvm Fell. Chief Executive

www.whanganui.govt.nz 📑 🛂 🕒 🌀

River City Press

- the good news paper 52 Ingestre Street - phone 345 3666

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ONLINE BOOKINGS www.whanganuivenues.co.nz

Booking Office Hours: Mon. to Fri. 10am-4pm

Booking/service fees apply - no refunds/no exchanges

Repertory Theatre

Cinders: The True Story
Thursday 12 & Friday 13 Dec., 6.30pm
Saturday 14 December, 4pm; Sunday 15 December, 2pm 25, Senior/Rep member \$20, Student over 15 yrs \$15, Child under 15 yrs, \$10, Family 2A+2C \$55.

Whanganui Opera Week/NZ Opera School

Heritage House

Afternoon Recital

Wednesday, 8 January, 2pm Tickets \$25

Prince Edward Auditorium, Collegiate

Masterclass 1 with Cesar Ulloa

Masterclass 2 with Nuccia Focile

Monday, 13 January, 7.30pm Tickets \$15 each

Royal Wanganui Opera House

Great Opera Moments 2020

Saturday 18 January, 7.30pm Adult \$35, Senior/Student \$30

The Air Force on Tour

Friday 28 February, 7pm Adult \$35, Senior/Unwaged \$30, Child 3-13yrs/Student \$5

Bason Botanic Gardens

The Merchant of Venice

Thursday 27, Friday 28 & Saturday 29 February, 7pm Sunday 1 March, 1pm Adult \$25, Senior/Student \$15, Child to 18years \$10

Chamber Music Whanganui

Celebrity Subscription Series
NZ String Quartet, Cowan/Darroch Duo, NZ Trio,
Anna Im and Stephen de Pledge, Michael Houstoun.
Full subscription \$95 (4 pre-paid tickets)
General subscription \$30 - tickets \$20 each Individual concerts: Adult \$35, Senior \$30, Student \$5

RNZB Tutus on Tour

Saturday 14 March, 7.30pm A + B reserve seating. Adult \$39-\$29; Student/Senior/Group 6+ \$35.30-\$26.30. Child \$24-\$13

Soweto Gospel Choir Saturday 21 March, 7.30pm

A + B reserve seating Adult \$87.50 - \$77.50, Senior \$82.50 - \$72.50, Student \$72.50 - \$62.50, Child U18 \$51.90 - \$41.90

Tina - Simply the Best

Thursday 26 March, 8pm Adult \$76.50, Group 6+ \$71.50, Child to 12 years \$35.50

Menopause The Musical®

Saturday 28 March, 7.30pm. Tickets \$69.90

Concert Chamber WWMC

The Piano Triology

Oleg Marshev - 28 March John Chen - 18 April Jun bouterey-Ishido - 2 May Triology pass \$80.

Individual concerts: Adults \$35, Senior \$30, CMW member \$20, Student \$5

The Ten Tenors - Love is in the Air

Tuesday 5 May, 7.30pm Premium Adult \$121.60, Child U18 \$82.50 A Reserve: Adult \$92.50, Group 10+ \$82.50, Child U18 \$82.50

B Reserve: Adult \$82.50, Child U18 \$82.50

World of Musicals

Tuesday 9 June, 7,30pm A + B reserve seating Adult \$87.50-\$82.50

Senior/Group 10+ \$82.50 - \$77.50; Child U15 \$72.50-\$62.50. Family 2A+2C \$260.40

Friends The Musical Parody

Friday 25 September 7.30pm Premium seats: Adult \$92.50 - Child \$72.50
A reserve seats: Adult \$82.50 - Group 10+ \$72.50, Child \$72.50

Book early for the best seats. Gift vouchers available. RIVER CITY PRESS, THURSDAY, DECEMBER 12, 2019 - 29

Masters Games

Declining numbers of competitors; operating at a loss; holding its hand out for ratepayer funds ... the Masters Games is sailing on choppy waters

It's plus ça change, plus c'est la même chosen for Whanganui's iconic sporting event which, despite efforts to re-format itself, has experienced reduced participation and a battle to break even for its last three or four itera-

Last month the trust which runs the event which asked for \$100,000 from the punters pockets. The annual funding from the district council has been \$40,000 so, not surprisingly, some quizzical eyebrows were raised by our elected representatives.
And, of course, the

self-appointed guardians of the public purse (or, at least, of their own wallets) tut-tutted about money going to some-thing with "minority in-

They may have half a point there – the biennial Masters Games is largely for the out-of-towners. They swell the numbers, they are the ones on a mini activity break; for

the locals, their own sporting competitions may assume greater significance and getting them to sign up for the Masters is like pulling teeth.

But what should be remembered is that 30 years ago when the Games were inaugurated in the River City, we were breaking new ground. Such allembracing national sports events were thin on the ground and the notion of using sport to promote tourism was quite innova-

Back in 1989, it was run on a shoestring - so no change there - but the balancing of the books was achieved by looking at the money brought into the city, and that is still the

This year's Games in February made a \$19,000 loss, but on the other side of the ledger it is estimated to have boosted the local economy by \$2.9 million.

And that's not the only plus from the last 10-day. 50-sport jamboree. Two other good things happened - the council took a tighter grip on the event to keep it accountable; and it got a major naming sponsor in the Downer group.

New Zealand's longestrunning multisport event



Mark Dawson

is back here in 2021 and as usual, it needs a fresh coat of paint. It needs attractions, new ideas, new sponsors, new ways of bringing the visitors and their money into

That's why the trust wants to appoint a fulltime games manager now. In the past, a shortterm manager has come in, tried to re-invent the wheel, done their 12 months-plus dash and been outta here.

We need someone to stay the course - longterm preparation is paramount; continuity is key. That's why the trust wants the \$100,000. Kinda makes sense.

Anv correspondence to this column can be directed to email: rivercitypress@xtra.co.nz which will be passed on to Mark.

Whanganui trainer and Marton workers recognised in Skills Highway Awards

Community News

- By Karen Hughes (abridged)

Whanganui education provider, Training For You, has received recognition in the recently announced Skills Highway Champion Awards. These Awards recognise excellence in workplace literacy and numeracy training.

Training For You has been working with Mar-ton food producer, Speirs Foods, over the past two years and several Speirs Foods employees have gained accolades in the Skills Highway Awards: Shaun Keenan won in the Champion Learner category and his colleague, Trevor Collins, was highly commended. As well, an entire group of Speirs employees was recognised, gaining a Highly Commended Award in the Champion Learner Group category.

Training For You tutor, Diane Paterson, has been Highly Commended in the Champion Trainer category. Diane was nominated in recognition of her ability to form positive learning relationships with learners from a wide range of



Speirs Foods staff member, Trevor Collins, Highly Commended in the Skills Highway Champion Learner awards, receives his programme completion certificate with Speirs Foods management and Training For You teaching staff, at the Speirs Food premises. From left: Alta Els of Training For You, Ross Kane of Speirs Foods, Trevor Collins, Diane Paterson of Training For You

- Photo credit: Karen Hughes/Training For You tribute to the value chain.

Allisha Hansen, told

running the training:

"I'm glad that I have

been given the chance

company. There have

been a lot of topics in

this course that have

to better myself with the

Speirs management that

she hoped they continue

Speirs Foods employee,

backgrounds and skill

A sister company to Training For You - Capital Training of Wellington - also had success with a win for their tutor, David Pankhurst, in the Champion Trainer category.

The Skills Highway Champion awards were formally presented at the Skills Highway Forum in Auckland on December

Meanwhile, a special event was held recently at the Speirs Foods premises to mark the completion of the programme and the achievements of the Skills Highway winners.

Five employees of Speirs Foods made a presentation to the senior management team. The presentation was the culmination of the twentyweek course in which participants developed their communication skills and explored the ways in which they con-

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What's On in the **Community Notices**

What's On in the Community notices are \$10 for up to 50 words with the option of a colour heading for an extra \$2 and/or a border for an extra \$10. RCP, 52 Ingestre St, Wanganui by Tuesday 1pm to place your advertisement.

helped me - conflict management, assertive communication. I'm now able to communicate better with my

For further information on the benefits of free Workplace Training. contact Rachel Smith at Training For You, 0800

AGM Whanganui Arts Centre Trust Postponed to new year - Date to be confirmed.

Alcoholics Anonymous

Phone 0800 229 6757. If you have a drinking problem maybe we can help. AA Wanganui area meeting list: Sunday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 9am; Monday, Friendship Hall, Morris Street, Marton, 7.30pm; Tuesday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 12.30pm; Wednesday, St Luke's Church Hall, 34 Manuka Street, Castlecliff, 7.30pm; Thursday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 7.30pm; Tuesday, Al Anon, Quakers, 256 Wicksteed Street, 7.30pm; Friday, Gonville Library meeting room, 12.30pm. Ph 0508 425 266.

At Wisdom is Yours Wellbeing Centre

Saturday meditation 10.30am suitable for all. Cost is a donation. Open Night Thursday 19th, 5pm-8.30pm. The Avenue is having late night shopping so we thought we'd offer \$20 treatments so you can rejuvenate. Contact (06) 3455002 for more information or pop in and see us. Open Monday to Friday 9am - 5pm, Saturdays 10am - 3pm.

Clairvoyance Demonstration

Clairvoyance, philosophy and healing at the Wanganui Spiritual and Awareness Centre. Our Speaker this week is Shellie Hanley from Shannon who will be playing her harp and sharing her story with us. This will be our last meeting for the year and we will recommnce on 12 January 2020. 25 Tawa Street, Wanganui. Sunday's 7pm. All welcome. Cost by donation. Like our Facebook page or contact Robert on 345 6308.

Experience the Sound of Soul

Sing HU, a sacred sound and ancient mantra to expand your awareness and bring spiritual insight. Enjoy conversation with others of like mind. Sunday 2:00 -3:00pm, Conference Rm, 1st Floor Community House, 60 Ridgway St. For more information Ph. 344 7057.

Jigsaw Exchange

Last meeting this year Saturday, 14 December at 10am. More than 400 jigsaws to choose from, free exchange. Contact Jack 343 1404 or 021 02775391 or email rega21@xtra.co.nz. Note there will be no meeting in January 2020. Wishing everyone all the best for the festive season.

Josephite Retreat Centre

Christmas Liturgy - Meri Kirihimete. (Please bring a non-perishable food item to assist those in need at this times, ring the i-Site for a booking - 349 0508.

time). Sunday, 15 December, 4 - 5pm. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj. org.au.

Josephite Retreat Centre

Tui Motu Group - Tui Motu, an Independent Catholic Magazine, will challenge us to look with fresh eyes, with gospel eyes, at current social, ecological and spiritual values. Come along and contribute to the discussioninter-church and inter-faith dialogue is welcomed. Wednesday, 18 December, 4.30 - 6pm with Sr Rita Cahill rsj. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

Mental Illness Survivors Team, 315 Wicksteed Street, open 9.30am - 3.30pm, Monday to Friday. Closed statutory holidays. A place to share activities and socialise. We offer activities, acceptance and support.

Rebs Farmers Market

All Saints Church Hall, Moana St, Wanganui East. Spray-free vegetables, fruits and free range eggs, plants. Tuesdays, 2.30pm to 5.30pm. For details contact Michael 344 5032 or 021 2118169.

Seminar: Getting to Know the Bible Better

7.30pm, Tuesdays, in the Christadelphian Hall, 138 Great North Road. Topic this Tuesday, 17 December: The Final Week - Thursday Early: Peter's Denial, Pilate & Herod. All welcome. Supper and opportunity to chat. Sponsored by Wanganui Christadelphians. For more about us: www. thisisyourbible.com, or phone 342 7726.

Sylvia's Tappers

Where: At the Whanganui War Memorial Centre. When: Sunday, 15 December at 2pm. Supported by The Stingalongs. Adults \$10; Children \$5. Door Sales will

Theosophy Whanganui

Exploring spiritual development, philosophy, religion, science and the arts. We have a small library, study groups and regular public discussions. Second Sunday monthly, 2pm. Back river entrance Community Arts Centre, 19 Taupo Quay. Contact Kirsty 021 2123819. TheosophyWhanganui@gmail.com.

Whanganui Guided Walking Tours

Learn about Whanganui's fascinating 19th and 20th century buildings and monuments, its history, people of interest and events that have fashioned our city. Scheduled Tours leave the i-Site at 10am and 2pm each Saturday and Sunday. Cost \$10 per person. For other



4 Holyoake St, Wanganui East. Ph: 349 0040 Open: Mon-Fri 7:30am to 5pm Sat: 8:30am - Noon

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